Current Meeting Notice:
Tuesday, October 16, 2018 7:00 p.m.
Speaker: Michelle Morgan,
Norfolk Fire-Rescue

Next Meeting:
November 20, 2018 7:00 pm
Speaker: Scott Mahone, Deputy
Emergency Management Coordinator

If you have questions or need information on anything pertaining to CPAAAN, please contact our webmaster at cpaaan.org. Just click on “comments to the webmaster” at the bottom. Or send an email to cpaaan@yahoo.com.

October

October Birthday:
- Oct 4 — Donna Williams
- Oct 10 — Terri Haddock
- Oct 11 — Kathleen Libert
- Oct 13 — Barbara Constantino
- Oct 18 — Carolee Beckham
- Oct 29 — Kathy Mahone
- Oct 30 — Gracie Holmes

Membership dues are paid for September – June of the current year. Please check with Donna Williams if your name should be listed above.

Food for Thought:
SUPPORT YOUR LOCAL POLICE
STOP
...and realize
The next life he saves, may be YOURS

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Mission Statement
The Citizens Police Academy Alumni Association of Norfolk’s mission is to support law enforcement in Norfolk, VA through education, information, networking, community service and volunteerism.

The President’s Beat

Dear Membership,

I would like to thank the CPAAAN members that attended September General meeting. I apologize for the meeting notice going out late, however, some of our staff were sick, we also had some retirements, so we all are trying to get our footing back.

For the members who attended our September General meeting, I join them in thanking our presenter, SGT. Danielle Avery, NPD Technology Support Unit. Some of the highlights of the presentation were the danger of using unsecure WIFI at places like Starbucks and Hotels; also make sure your cell phone is always locked. We were advised to use finger print scanner or facial recognition, which would make your cell phone more secure and harder for crooks to break in and obtain your personal information. SGT. Avery also spoke about APPS and websites, we were advised to limit personal information that we give to apps and websites. Always get the latest software update for your cell phone and computer.

October 6, 2018 for 11am to 3pm is the Neighborhood Expo at Military Circle Mall, 880 North Military Highway. There will be entertainments, exhibitors, free food, give away, and kids activities. I hope to see you there.

October 20, 2018, at Target Parking lot on Military Highway “Trunk or Treat”, at 5:30pm to 8:30pm. If you would like to participate, decorate the back of your vehicle and come on out. We are also accepting donations of candy. If you can donate, please bring the candy to this month’s General Meeting.

This month our speaker will be Michelle Morgan, Life Safety Educator Norfolk Fire Rescue, the topic will be arson.

I look forward to seeing you at our next General Meeting, October 16, 2018 at 7pm.

Yvette Brown, President
With the advent of Fall comes a host of opportunities for citizens and officers to further engage each other for the common goal of mutual respect and trust. Saturday, October 20, 2018, Norfolk Police will host the largest Trunk or Treat in the City of Norfolk, and likely Hampton Roads, at Target - 1245 N. Military Highway. Target has agreed to partner with Norfolk Police again this year, and allow Trunk or Treat to be hosted in their parking area. This is a great family event, as it brings together citizens of all ages for a chance to dress in costumes and enjoy a safe experience under the big blue lights. Last year over 4000 citizens attended Norfolk Police Trunk or Treat, and relished in tricks and treats from officers and City of Norfolk partners.

Trunk or Treat 2018 promises to be bigger and better with more festive displays and demonstrations from NPD specialty units, Norfolk Fire-Rescue, games and candy, but not without your help. Candy donations are needed and may be dropped off at each of the 3 precinct locations, Monday – Friday, 8:00am – 5:00pm. We ask that you donate sealed/wrapped candy only.

1st Patrol/Precinct – 3661 Virginia Beach Boulevard
2nd Patrol/Precinct – 2500 N. Military Highway
3rd Patrol/Precinct – 901 Asbury Avenue

I’m pleased to share that Norfolk Police community outreach initiatives have been recognized yet again this year! Late last month, Walmart presented a check of $5500 to Norfolk Police to assist the T.R.U.E. Youth and Five-O and Fades initiatives. Our community outreach partnership with Walmart is significant, and I am grateful that their contribution allows officers to advance authentic engagement with Norfolk residents for greater meaningful outcomes. Officers and citizen stakeholders are wholeheartedly vested in making a difference in our communities through literacy, workforce development, and difficult conversations that advance our charge toward mutual respect. Walmart’s contribution to Norfolk Police community outreach initiatives, signals that our collaborative work does not go unnoticed. Our efforts generate more community win synergy, which encourages and motivates all of us to continue working for wins for each other.

In recent month’s officers have strengthened relations with Norfolk’s Hispanic communities to build trust. The Community Affairs Section and Spanish speaking officers have galvanized to inspire more positive communications, by way of a new tutoring program that assists students at Booker T. Washington and Norview High School’s, whose only language is Spanish. In addition, I have hosted a series of informal meetings where residents can ask questions that may dispel their fears or suspicion of law enforcement, address what to do/ how to respond when stopped by police, and how to communicate when there is a need to call 911 or the non-emergency number. We are making great strides with this brand of genuine outreach, and I am especially honored to be the first Police Chief featured on the front page of the local newspaper, HISPANOS DE VALOR. Norfolk based radio station LaSelecta 1350-AM, continues to assist our outreach every Thursday at 7:30am, with Officer J. Valdez answering listener’s questions, and hearing concerns. Congratulations to Lt. M. Naughton on her award as Tutor of the Year, from the Life Enrichment. Lt. Naughton has served as tutor with NPD’s PLUS initiative at Norfolk Public School’s since the outreach platform was introduced to the Department 4 years ago.

And finally, I celebrate my most recent honor with each of you, thanks to of our collaborative outreach efforts. Last month I was honored at the Virginia Association of Chiefs of Police Annual Conference in Roanoke, Virginia with the 2018 President’s Award. The award is given by the President of the organization, to recognize meritorious efforts on behalf of the law enforcement profession and Virginia’s criminal justice system.
Minutes from September

*No official minutes were submitted by time of printing.*

CPAAAN is in need of volunteers to fill vacancies and help us continue in our mission to support the Norfolk law enforcement's community outreach activities!

One of the vacancies is the position of Recording Secretary (that is why there are no recorded minutes). A few others are Corresponding Secretary; Activity Coordinator(s); Web Master; and possibly Membership Chairperson.

If you are interested in helping to fill these vacancies, please contact Yvette.

“The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.”

— Ralph Waldo Emerson
NORFOLK SHERIFF'S OFFICE HOSTS SENIOR FEST 2018

More than 700 seniors enjoyed Senior Fest hosted by the Norfolk Sheriff's Office in September at Scope Arena. Residents ages 55 and up learned about resources from more than 70 vendors, while enjoying live entertainment and free lunch.

“At the Norfolk Sheriff's Office, we are committed to taking care of our seniors. I’d like to thank our Community Outreach team for spending months and countless hours organizing this successful, important event for our seniors,” Norfolk Sheriff Joe Baron said.

Senior Fest is designed to showcase a wide variety community resources - from free health screenings, cost savings, and job opportunities to joining social groups. “As seniors become older, they become less mobile. This is a one stop shop for anything they could need,” Lt. Meryah Breeden said.

For instance, Dominion Power representatives spoke about ways seniors can reduce their monthly bills, AARP provided information about jobs, and Hampton Roads Transit talked about ways for seniors to get around. Medical professionals offered free flu shots, A1C tests, blood pressure checks, and the Lions Club provided hearing and eye testing. Groups like Primeplus Senior Center and the Chrysler Museum outlined upcoming wellness and social events. Realtors who specialize in helping seniors sell their homes and downsize were also on sight.

It was also an opportunity for seniors to connect with civic leaders, including: Norfolk Mayor Kenny Alexander; Norfolk City Council Members Courtney Doyle, Andria McClellan, and Mamie Johnson; Senator Lionell Spruill, Delegate Cliff Hayes, and Delegate Jay Jones; Norfolk Clerk of the Circuit Court George Schaefer; Norfolk Fire Rescue Chief Wise; Brent Johnson from the Norfolk Commonwealth Attorney's Office; and William Shackelford with the Office of the Attorney General.

This year’s Senior Fest was the second annual Sheriff Joe Baron Foundation Senior Support Services Seminar. Barbara Ciara and Les Smith of WTKR News 3 emceed the event. The NSO would like to recognize our “Senior Fest” Senior Services Support Seminar Sponsors: Dominion Power, City of Norfolk, Summit Foods, Hampton Roads Transit, Norfolk Housing and Redevelopment, Keefe Commissary, AARP, Town Bank, Walmart, PrimePlus Senior Center, and QVS LLC. Stay tuned for Senior Fest 2019 next fall!
The National Cyber Security Alliance (NCSA) builds strong public/private partnerships to create and implement broad-reaching education and awareness efforts to empower users at home, work and school with the information they need to keep themselves, their organizations, their systems and their sensitive information safe and secure online and encourage a culture of cybersecurity.

Vision

Realizing the full potential of our ever-evolving digital lives can only happen when a culture of cybersecurity and privacy is the foundation of:

- Free-flowing content
- Multiple methods and platforms for communication
- Trustworthy commerce
- Widely available and highly reliable connectivity

Mission

To educate and empower our global digital society to use the internet safely and securely.

Underlying Value

Securing our online lives is a shared responsibility.
October 2018

**OBSERVANCES:** National Breast Cancer Awareness; Domestic Violence Awareness; National Cybersecurity Awareness; National Energy Awareness; National Substance Abuse Prevention.

**HOLIDAYS:** Columbus Day (8th); World Mental Health Day (10th); World Food Day (16th); United Nations Day (24th); Halloween (31th); All Saints Day (Nov. 1st).
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