Meets 3rd Tuesday of each month (except July and August)
7:00PM at Second Patrol Division • 2500 N. Military Hwy, Norfolk

CPAAAN is a 501c(3) non-profit whose mission is to support Norfolk law enforcement.

Current Meeting Notice:
Tuesday, October 18, 7:00 pm
Topic: Norfolk Police Chaplains
Presenter: Chaplain Terry Haddock

Next meeting
Tuesday, November 15, 7:00 pm
Topic: Emergency Management and the operations of EOC
Presenter: Scott Mahone, Deputy Coordinator

See You there and Bring a dish for Pot Luck

If you have questions or need information on anything pertaining to CPAAAN, please contact our webmaster at cpaaan.org. Just click on “comments to the webmaster” at the bottom. Or send an email to cpaaan@yahoo.com.

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Food for Thought:
Great things are done by a series of small things brought together.
Vincent Van Gogh
Mission Statement

The Citizens Police Academy Alumni Association of Norfolk’s mission is to support law enforcement in Norfolk, VA through education, information, networking, community service and volunteerism.

John Roger Scholastic Scholarship

Booster:
- Faye Johansen
- Eileen and Sam Sanchez
- August Raber

Any donation is fully tax-deductible and greatly appreciated. Make checks payable to CPAAAN and mail to: CPAAAN Treasurer, 2500 N. Military Highway, Norfolk, 23502

The President’s Beat

Dear Membership,

I was pleasantly surprised at the number of CPAAAN members in attendance for our September General Meeting. Thank you for braving the rain; it was great to see all of you after our Summer Break.

I would like to thank Officers S. Nellum and J. Valdez for the wonderful presentation about the Community Affairs Office, formerly The Crime Prevention Unit.

Trunk or Treat will be October 22, 2016 at 6pm to 8:30pm. The location is the Target parking lot, (1245 N. Military Hwy. Norfolk VA. 23502). We invite all of you to stop by and see what a wonderful event it is. Also if you would like to donate some treats, please feel free to bring them to our October General Meeting or you may bring them on the 22nd of October to the Target Parking lot.

It is with sadness that I let you know that Jacobson's Embroidery and Screen printing has gone out of business. For those of you who didn't know, Mark Jacobson has been a dear friend and vendor to CPAAAN for many years. Mr. Jacobson has supplied us with our CPAAAN shirts, jackets, hats, padfolios and the shirts for Norfolk Police Department Youth Academy. We will miss Mr. and Mrs. Jacobson and we give them our heartfelt thanks for all they have done for us.

I look forward to seeing you at our General Meeting October 18, 2016 at 7pm.

Yvette Brown, President
Meeting was called to order by President Yvette Brown. The invocation was offered by Bill Childress; the Pledge of Allegiance was led by Jim Hahn. There was a motion and a second made to accept the minutes as published in the CPAAAN News.

Ms. Brown introduced our guest speakers Officer Nellum and Officer Valdez of the Norfolk Police Community Affairs section. They talked about how the Norfolk Police are getting involved in outreach to our youth of the community by planning different events with them. Examples of this is the soccer game on September 17th; also in the planning stage is Night Hawk basketball from 10pm to 2am. The goal is to get the youth off the streets and involved in an activity or program.

Officer Nellum and Valdez also spoke of the rising crime of license plates being stolen. They made the suggestion to get some special screws at a parts store that needs a special tool to remove them. Do all that you can to not be a victim this Holiday Season. When shopping always keep one hand free when going to your vehicle. Have keys ready to open door. Don’t overload your arms if necessary make two trips and don’t leave packages in view. At home use dead bolt, put a timer on a light and keep porch lights on.

Thieves can now go online and purchase a toggle and walk or ride down the street pushing the button until they hear an unlock sound from a car or garage door. It was also mentioned that you can go online to Norfolk.gov and request a home survey to find out more on how to protect your house.

Yvette Brown then spoke briefly on Trunk or Treat; the tentative date is October 21st and more info is to come by e-mail. Please be sure all your contact information is correct. The Crime Prevention Award Ceremony is March 20, 2017; the theme is “United We Stand”. Make plans now to attend. Please obtain a food handlers card if you have not already done so.

Yvette Brown then held the 50 /50 drawing; the winner Susan Jeffers received $31.00. Two door prize winners were Valerie Honaker and Mary Babcock congratulations. Congratulations to the winners!
The meeting was adjourned at 8:15.

Respectfully Submitted,
Sharon Beaty
Recording Secretary
From the Chief’s Office
Norfolk Police Department
www.norfolk.gov/Police/

Chief Michael Goldsmith

Fall into Fun and Awareness this October!

With the advent of the fall season, comes fall festivals and Halloween. This year Halloween is observed on Monday, October 31, 2016, in the City of Norfolk. Please join Norfolk Police for the Greatest and Safest Trunk or Treat in Norfolk, on Saturday, October 22, 2016, 6:00pm – 8:30pm at Target (parking lot) 1245 N. Military Highway. NPD and Target will partner for an evening of safe tricks and treats for youth.

Please review a few Halloween safety tips for your little ghouls and goblins, to help keep the tricks at bay, and the treats sweet wherever you go.

- Wear reflective costumes or reflective tape on clothes
- Trick or Treat in familiar neighborhoods
- Approach well lit homes
- Avoid long costumes and masks
- Examine all candy
- Watch for children who may run into streets

This time last year, the Norfolk Police Department unveiled a pink and white police patrol car. The purpose of the vehicle a year later remains to heighten awareness for breast cancer, not only during Breast Cancer Awareness Month observed every October, but every day, and most importantly serve to remind women to have annual mammograms and perform monthly self-breast exams. According to statistics from Breast-Cancer.Org, 1 in 8 U.S. women (about 12%) will develop invasive breast cancer over the course of her lifetime. While women are disproportionately affected by the disease, men are also at risk for breast cancer, with 1 in 1,000 affected during their lifetime. We continue our efforts to increase awareness for breast cancer by staging the pink and white patrol car at local breast cancer organization’s events throughout the year, and downtown Norfolk festivals. To request the Norfolk Police breast cancer awareness vehicle for a related awareness event, please call 664-3277.
Officer S. Nellum (L) & Officer J. Valdez (R) from the Community Affairs Division, formerly the Crime Prevention Division, were our speakers at the CPAAAN general meeting on September 20, 2016.

They explained that their Division’s name change was more than symbolic. Community outreach is a regular part of the Community Affairs Section. Members of the unit are in constant touch with residents, businesses, civic leagues, and other organizations in an effort to educate citizens about keeping their property and themselves safe.

The Community Affairs officers are proactive in contacting civic leagues to encourage the establishment of Neighborhood Watch in their neighborhoods. A strong civic league is important for combating crime in neighborhoods and Neighborhood Watch is one tool that civic leagues can use to assist with these efforts.

Community Affairs officers can address criminal activity and neighborhood concerns within the scope of each civic league, and offer education and awareness programs to assist members in recognizing and combating crime.

In order to reduce crime and improve behavior of “at risk” children Norfolk Police Officers needed to dispel the negative image these kids have of law enforcement. Both Officer S. Nellum, with his vast experience as a Community Resource Officer in the Berkley/Campostella area, and Officer J. Valdez with ties to the Hispanic Community were able to utilize sports to establish a closer, approachable relationship.

As an example, they obtained permission from the Booker T. Washington principal to make the gym facility available after school hours and during school breaks. Officer Valdez met with the Hispanic community and extended an invitation to their youth to participate in the various outreach programs such as soccer. Together they are using athletics, kindness and positive activities to enhance the image of their chosen profession, to interact with youth, and hopefully to prevent crime.

One of the major events of the Citizens Police Academy Alumni Association of Norfolk is the Crime Prevention Awards ceremony. CPAAAN has long been a co-sponsor of the annual Crime Prevention Awards Dinner. The 23rd Annual event was held in 2016 and boasted a record attendance. This occasion is set aside to recognize the crime prevention efforts of private citizens, youth, volunteers, city employees and law enforcement in five separate categories.

Below is the link to the 2016 crime prevention award winners and video and video recap of the event. Click on the links in the left column to learn more about the individual winners, and what they did to prevent or reduce crime in our community.

October is National Cyber Security Awareness Month which is an annual campaign to raise awareness about cybersecurity. We live in a world that is more connected than ever before. The Internet touches almost all aspects of everyone’s daily life, whether we realize it or not. National Cyber Security Awareness Month (NCSAM) is designed to engage and educate public and private sector partners through events and initiatives to raise awareness about cybersecurity, provide them with tools and resources needed to stay safe online, and increase the resiliency of the Nation in the event of a cyber incident.

NCSAM 2016 Weekly Themes
Week 2: October 10-14, 2016 – Cyber from the Break Room to the Board Room
Week 3: October 17-21, 2016 – Recognizing and Combating Cybercrime
Week 4: October 24-28, 2016 – Our Continuously Connected Lives: What’s Your ‘App’-titude?
Week 5: October 31, 2016 – Building Resilience in Critical Infrastructure
Please visit the NCSAM Resources page to find the 2016 NCSAM One Pager with information about the weekly themes.

Get Involved
We ask that everyone participate in National Cyber Security Awareness Month. Below are simple ways to get started. Continue to check back regularly for more information on how to promote #CyberAware Month.

- Use the NCSAM 2016 hashtag #CyberAware in your social media messages before and during the month.
- Sign up to receive the Stop.Think.Connect. monthly Friends Newsletter here.
- Join the weekly NCSAM 2016 Twitter Chat series on Thursdays in October at 3p.m. EST using #ChatSTC.
- Post cybersecurity tips, news, and resources highlighting NCSAM 2016 on social media sites.

Get started by reviewing the Stop.Think.Connect. Campaign Toolkit.
OCTOBER


HOLIDAYS: Rosh Hashana (2nd-4th); German-American Day (6th), Columbus Day (10th); Yom Kippur (12th); Sukkot (16th-23rd); St. Luke (18th); Halloween (31st). All Saint’s Day (Nov.1st)

In the US, 1 in 8 women will be diagnosed with breast cancer in their lifetime.

The most significant risk factors for breast cancer are being female and aging. About 95% of all breast cancers in the US occur in women 40 and older.

Getting a mammogram can help reduce the number of deaths from breast cancer by 30 to 40% among women ages 40 to 70. So make your mom a personalized card encouraging her to get one! Sign up for Momm-o-grams.
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