CPAAAN News
JANUARY 2016

Meets 3rd Tuesday of each month (except July and August)
7:00PM at Second Patrol Division • 2500 N. Military Hwy, Norfolk

CPAAAN is a 501c(3) non-profit whose mission is to support Norfolk law enforcement.

Current Meeting Notice:
Tuesday, January 19, 7:00 pm
Topic: Forensics used in Crime Scene Investigations

Next meeting
Tuesday, February 16, 7:00 pm
Topic: Computer Forensics

See You there and Bring a dish for Pot Luck

If you have questions or need information on anything pertaining to CPAAAN, please contact our webmaster at cpaaan.org. Just click on “comments to the webmaster” at the bottom. Or send an email to cpaaan@yahoo.com.

Happy January

“Hope smiles from the threshold of the year to come, Whispering ‘it will be happier’...” — Alfred Lord Tennyson

Happy Birthday To:

♦ Jan 1 — Abraham Yahannason
♦ Jan 10 — Marie McEntee
♦ Jan 12 — Yvette Brown
♦ Jan 18 — Tammy Nolette
♦ Jan 21 — Edith Warring
♦ Jan 25 — Steve Murley
♦ Jan 27 — Larry Hoots
♦ Jan 29 — Bill Childress
♦ Jan 29 — John Birkle

(Please let us know if we don’t have you listed.)

Food for Thought:

“Year’s end is neither an end nor a beginning but a going on, with all the wisdom that experience can instil in us.”

Hal Borland

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Mission Statement
The Citizens Police Academy Alumni Association of Norfolk's mission is to support law enforcement in Norfolk, VA through education, information, networking, community service and volunteerism.

The President’s Beat
Dear Membership,

Happy New Year. As I stated in December's President Beat, I am looking forward to CPAAAN’S 2016 year. We have had excellent member participation and events, and our new members had shown great interest in serving on some of our committees.

Last month was CPAAAN'S Annual Christmas Social; normally, we do not have a speaker scheduled. Fortunately, we were advised to have the Crime Prevention Unit speak to the membership about Holiday Safety. Officer McCarthy gave an excellent presentation. What a great addition Officer McCarthy is to the Crime Prevention Unit.

In last month's newsletter, the Chief's Column mentioned the NPD'S Radio Program "WE Are ONE/NPD And YOU". If you read the article, it stated that the program airs every first and third Thursday of the month at 09:00am. Please remember to listen in and call in at 624-9475. The station is WGPL-1350AM. I want to thank the members who called in on December 17.

Please remember the Police Recruit Graduation will be at Norview High School on January 28, 2016. CPAAAN members should arrive between 5:30pm and 5:45pm.

I thank all of the membership for your continued support and I look forward to seeing you at our next General Meeting on January 19, 2016.

Yvette Brown, President
The meeting was called to order by President Yvette Brown at 7:00pm. The invocation was offered by Bill Childress; the pledge of allegiance was led by Sammy Bateman. A motion to accept the minutes of the previous meeting as published was made by Sammy Bateman and seconded by August Raber. Mary Babcock then gave the treasurer’s report.

Yvette Brown then introduced Officer J. McCarthy as our guest speaker from the Norfolk Police department’s Crime Prevention Unit. Officer McCarthy talked about Holiday Safety.

Officer McCarthy stated that crime rises during the holidays through credit card fraud, identity theft and phone scams. The primary category that increases during this time is internet crimes. Officer McCarthy mentioned the FBI unit IC3 Internet Crime Complaint Center. This unit is based in West Virginia and has been operational for 15 years. They handle complaints for cyber theft. Cyber theft has quadrupled in the last five years. Some steps one can take to prevent you from being a victim is: make sure your security software is up to date, use secure Wi-Fi connections, use a secure website, and look for a little padlock symbol on the site.

Some steps to take while shopping are: park in well lighted space, don’t leave valuables in sight, switch parking spaces if you are making several trips to your vehicle from shopping at a mall etc. It is best to carry a credit card instead of cash. Don’t forget to check your banking account balance regularly.

If you become a victim of identity theft, fraud etc. call the Crime unit immediately at 757-664-6901, and always remember if it sounds or looks too good to be true it then it most likely not true.

Yvette Brown announced the Police recruit graduation on January 28, 2016 at 6:30pm at Norview High school and also the Crime prevention Awards dinner on March 21,2016 At 6:30pm.

There was a Christmas raffle for a ham and turkey that were donated by August Raber. Ticket sales were handled by Valerie Honaker and Tammy Nolette. The winner of the ham was Margaret Anne Craig; the winner of the turkey was Sharon Beaty. Congratulations to both. Congratulations also to the winner of the 50/50 raffle, Sammy Bateman.

The meeting was adjourned at 8:15 pm by Yvette Brown.

Respectfully submitted,
Sharon Beaty, Recording Secretary
I hope that you all enjoyed the holidays with family and friends! The new year is upon us, and we as a department are prepared to engage citizens more than ever before. Officers and citizens becoming more familiar with each other leads to greater mutual understanding. Let's all encourage at least one Norfolk neighbor to do the following on behalf of community policing:

* Join your civic league
* Invite an Officer to speak to your club or organization
* Schedule a Ride Along
* Like and Follow Norfolk Police Department Media on Facebook and Twitter
* Volunteer with Norfolk Police Department community initiatives [Norfolk.gov/Police](http://www.norfolk.gov/Police)

To learn how to do any of the aforementioned, please listen to the number one, most listened to police call in radio show in the Mid-Atlantic, "WE Are ONE - NPD And YOU," on 1350AM, every 1st and 3rd Thursday at 9:00am.

The radio talk show was developed over a year ago to enhance engagement between citizens and officers on a familiar but unique platform. Listeners call in and ask veteran officers questions or make comments regarding local and national incidents involving law enforcement. No question is off limits and we welcome the opportunity to hear your concerns. The show is co-hosted by Captain Darryl Howard and Sergeant Windsor Brabson. The call in number for the show is (757) 624-9475.

Go to [Facebook.com/NorfolkPD](http://Facebook.com/NorfolkPD) to learn and see how we are serving and [Norfolk.gov/Police](http://Norfolk.gov/Police).

I am sincerely pleased and thankful for the stellar professionalism and caliber of work executed by civilians and sworn members. Mayor Fraim and Council members continue to show themselves supportive of the Department, and are our strongest allies in making Norfolk a safe place to live, work and play.
Norfolk Inmates Knit Hats for the Homeless

In early November, Sheriff Bob McCabe and the Norfolk Sheriff’s Office programs staff organized this first-of-its-kind program in Hampton Roads.

Nearly a dozen inmates voluntarily signed up for the class, where they are currently learning how to knit hats that will be donated to people inside of local homeless centers with winter just around the corner.

The most innovative part about this new program is that there are no needles or sharp objects needed! An enthusiastic volunteer who teaches the class, Androulla, showed the inmates a way where the hats are able to be created using just yarn and a plastic loop with spokes.

Since the start of the program, the inmates have told us the knitting process has helped alleviate stress, eliminate male/female stereotypes, and has given them a sense of accomplishment.

“This is a good thing. We’ve been given an opportunity to help those less fortunate,” an inmate who’s participating in the program said.

We’ve had a lot of community support generated from this program. Nearly five thousand people have viewed our short clip online thus far. You can watch a preview of the first class yourself by visiting the Norfolk, VA Sheriff’s Office on Facebook.

This is just one of several programs the Norfolk Sheriff’s Office has started over the past several months, as the staff and community interest level in volunteering continues to grow.

Did you know the average stay inside Norfolk’s jail is 58 days? Inmates are coming back to our community; jail is short term, unlike prison. That’s why Sheriff Bob McCabe allows volunteers to teach classes in jail to help offenders learn new skills. Instead of being destructive, they can be creative. Let’s invest in people: innovate to reduce recidivism.
Beyond celebration and recruitment, during the 2016 National Mentoring Month campaign our collective efforts can help achieve the following goals:

- Serve as the foundational event for the In Real Life campaign, which will carry the critical messages about mentoring’s real life benefits in 2016 and beyond.
- Position quality mentoring as a critical component to solutions addressing community challenges such as low graduation rates, juvenile crime and workforce development.
- Generate public dialogue about the need to integrate mentoring as a component to youth and workforce development.
- Engage new stakeholders in the private sector, education, government, juvenile justice and youth development.
- Inspire people to volunteer as mentors and/or support mentoring by donating to a program and become an advocate in support of positive public policies related to mentoring.
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**Important Dates**

Annually, there are four important dates to mark during National Mentoring Month that provide built-in hooks for outreach, activities and events. **Mark these dates on your planning calendar!**

- January 14, 2016: “I Am a Mentor Day”
- January 18, 2016: Martin Luther King Jr. Day of Service
- January 21, 2016: “Thank Your Mentor Day”
- January 27-29, 2016: National Mentoring Summit

**Theme and Messaging**

The overarching theme for National Mentoring Month is **Mentor In Real Life**, which allows us to talk about relationships in real life. The messaging strategy is to position mentoring as a critical component in young people’s lives, helping them make the decisions that ultimately lead to improved opportunities and connections, which has an impact in real life.

**Key Messages and Supporting Talking Points**

*In real life, who do you turn to?*

_9 million kids in America are growing up without an answer to this question. They make everyday choices that lead up to life’s big decisions without enough guidance and support – the kind most of us count on. Every kid should have someone to turn to. Join the movement, Mentor IN REAL LIFE._
JANUARY

OBSERVANCES: National Mentoring, Glaucoma Awareness and Blood Donor month; Cervical Health Awareness; Birth Defects Awareness, Human Trafficking Awareness

HOLIDAYS: New Year’s Day (1st); Epiphany (6th); Orthodox Xmas (7th); Human Trafficking Awareness Day (11th); Orthodox New Year (14th); Martin Luther King Day (18th).
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