CPAAAN is a 501c(3) non-profit whose mission is to support Norfolk law enforcement.

Current Meeting Notice:
Tuesday, December 20, 7:00 pm
Annual Christmas Social
Guest Speaker: Chief of Police Larry Boone

Next meeting
Tuesday, January 17, 2017, 7:00 pm
Guest Speaker: Harry Kenyon
Management Services Administrator, Dept. of Utilities

See You there and Bring a dish for Pot Luck

If you have questions or need information on anything pertaining to CPAAAN, please contact our webmaster at cpaaan.org. Just click on “comments to the webmaster” at the bottom. Or send an email to cpaaan@yahoo.com.

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Food for Thought:
A SUCCESSFUL MAN IS ONE WHO CAN LAY A FIRM FOUNDATION WITH THE BRICKS OTHERS HAVE THROWN AT HIM
DAVID BRINKLEY

Merry Christmas
Happy Hanukkah
Happy Holidays

Happy Kwanzaa!
Mission Statement

The Citizens Police Academy Alumni Association of Norfolk’s mission is to support law enforcement in Norfolk, VA through education, information, networking, community service and volunteerism.

The President’s Beat

Dear Membership,

I appreciate the CPAAAN members who attended our November General Meeting. CPAAAN would like to thank Deputy Coordinator Scott Mahone for the outstanding presentation on Emergency Management and the operations of the EOC. Some of our members asked Scott when will there be another CERT Class. As soon as Scott gives us the date, we will publish that information in the CPAAAN news.

I hope everyone enjoyed their Thanksgiving and I also hope that you were able to spend time with family and those close to your heart.

If you have read our local newspaper, or watched the local news, you know that on November 18, 2016, it was announced the Chief Michael Goldsmith will be leaving the Norfolk Police Department and taking a position with the City of Norfolk as Deputy City Manager in charge of Public Safety. During Chief Goldsmith's tenure as Chief, we all have admired his dedication to the department, his officers, and the citizens of Norfolk. On behalf of the CPAAAN membership and staff, we thank Chief Goldsmith for his support of CPAAAN and we wish him all the best in his new position. Chief Goldsmith, you did a great job as Chief of Police and I know we will continue to see great things from you in the future.

December 1, 2016, we will welcome Deputy Chief Larry Boone as the new Chief of Police for the Norfolk Police Department. I know Chief Boone will rise to the challenge and CPAAAN will be here to support him. Our congratulations to Chief Boone and we look forward to working with you.

On behalf of the CPAAAN staff, we wish all of our membership, advertisers and supporters Happy Holidays, and all the very best for the New Year.

I look forward to seeing you at our Christmas Social on December 20, 2016.

Yvette Brown, President

John Roger Scholastic Scholarship

Boosters:

- Faye Johansen
- Eileen and Sam Sanchez
- August Raber

Any donation is fully tax-deductible and greatly appreciated. Make checks payable to CPAAAN and mail to: CPAAAN Treasurer, 2500 N. Military Highway, Norfolk, 23502
Minutes from NOVEMBER, 2016

The meeting was called to order by President Yvette Brown at 7:00pm. The invocation was offered by Bill Childress; the Pledge of Allegiance was led by Tony Durrell. A motion to accept the minutes from the previous meeting as published was made by Valerie Honaker and seconded by Tammy Nolette. Valerie Honaker gave the Treasurers Report.

Ms. Brown then introduced our guest speaker Scott Mahone, Deputy Emergency Management Coordinator at the Norfolk Emergency Operations Center. Scott described the duties and responsibilities of the two divisions of the Department of Emergency Preparedness and Response: E-911 which handles both emergency and non-emergency calls, and Emergency Management which handles natural and man-made disasters by coordinating and communicating with public and private sectors within the City.

Valerie Honaker announced that some cook books, *Serv- ing With Honor*, are still available; the cost is $12.00 per book.

Topics for discussion included the following:

November 17, 2016 at 6:30 PM - Citizens Police Academy Graduation. CPAAAN members are invited to attend to meet and greet the graduates.

December 20, 2016 - CPAAAN December General Meeting and Annual Holiday Social. Please bring a Holiday dish to share.

March 20, 2017 – the 24th Annual Crime Prevention Awards 2017 at the Double Tree Airport Hilton on Military Highway. Nominations are now open; please consider a person or group that you may want to nominate for awards in the various categories. Nomination forms are available from Yvette Brown and must be submitted by February 24th 2017.

Congratulations to Dorothy Rawls, the winner of the 50/50 drawing.

The meeting was adjourned at 8:30 PM.

Respectfully Submitted,
Margaret Anne Craig
Recording Secretary Pro Tem
From the Chief’s Office

Norfolk Police Department

www.norfolk.gov/Police/

Chief Larry D. Boone

CONGRATULATIONS!

Chief of Police

Larry D. Boone

And

Deputy City Manager Michael G. Goldsmith

Please join us to hear a word from Larry D. Boone, Norfolk’s new top cop, on December 20, 7:00pm, at the Second Patrol Division, 2500 North Military Highway, Norfolk VA 23502

The Norfolk Police Academy 99th Session Graduation

CPAAAN also congratulates our newest Norfolk Police Department Officers! The Norfolk Police Academy 99th Session Graduation Ceremony was held on December 1 at the Chrysler Museum. The National Anthem was sung by Officer Jacob Kritz. The invocation was offered by Reverend Leroy Briggs, Norfolk Police Chaplain. Chief Larry Boone introduced the Guest Speaker, the Honorable Jerrauld C. Jones. Chief Boone then presented the Achievement Awards: Honors Graduate, Firearms, Physical Fitness, and Kit Hurst Award. The Class President’s Address was given by Officer David E. Dubus. Family and Friends of the graduates participated in the Badge Ceremony. The Oath of Office was administered by Chief Boone. The ceremony closed with Benediction by Officer Herman W. Martin.
Seven Cities Writer’s Project at the Norfolk Jail

This fall, the Norfolk Sheriff’s Office programs staff has teamed up with Lisa Hartz from Seven Cities Writer’s Project to offer the first creative writing program specifically for female inmates. “It was awesome. It was a great learning experience. I never really was into art or writing. They were actually my weaknesses,” a female inmate who wished to remain anonymous said.

Each week, the writing prompts change, but the concept of expressing themselves through words, pictures, and expressions stays the same. “This week, we picked a word from maybe 30 words. I picked ‘sisters’ because I love my sisters. There are 8 of us,” the female inmate said. “It was just touching for me to be able to do that,” she added.

Instructor Hartz encourages the ladies to write from their hearts and share with the group as much as possible, in hopes of inspiring others. When the female inmate we interviewed began reading her reflection on a picture of a woman with eclectic makeup on, she began to cry. “I don’t even know why I cried. It just made me emotional, I guess,” she stated.

Over the weeks, the female inmate has noticed that more and more of her fellow ladies are becoming interested in participating in the creative writing course. “I saw that more newcomers came at the end because they saw what we were doing and probably felt it,” she said. Most importantly, she said it gives her a sense of belonging and self-identification as the days go by and she is still behind bars.
Stand up for someone's rights today – Take action

On Human Rights Day, 10 December 2016, the UN Human Rights Office launches its "Stand up for someone's rights today" campaign. We want to encourage, galvanize and recognize what you do in your daily life, along with millions of other people around the world, to stand up for human rights – in your workplace, on the sports field, at school, in the street, wherever you are.

We all need AND can do something to defend human rights. Join us. Together we can change the course. We can make a difference!

If you would like to stand up with us but are not sure about what to do, here are just a few ideas.

1) Inform yourself and others about why human rights matter:
   • Read and share the Universal Declaration of Human Rights.
   • Make a video of yourself with a friend talking about why you believe human rights matter (e.g. non-discrimination, gender equality or freedom of expression).
   • Promote stories on your social media about people that you know have stood up for rights.

2) Speak out/up when another’s rights are at risk or under attack
   If you see someone being harassed, bullied or ridiculed on the street, on public transportation, while shopping or at school, stand with them.
   • Use social media to stand with people who are facing reprisals for defending human rights e.g. activists, indigenous leaders, environmentalists, lawyers, trade unionists, journalists, etc.
   • At work, in school, around the dinner table, help someone whose voice is rarely heard to share their views.

3) Stand with others’ human rights
   • Donate to organizations that support victims of human rights abuses.
   • Join public events in support of human rights - online and/or in the street.
   • Volunteer with a group that promotes human rights defenders.

4) Call on leaders to uphold human rights
   • Lobby your government to uphold rights: sign related petitions; lobby your legislators to pass human-rights friendly laws and to repeal unfriendly ones.
   • Urge your employer to sign up to the Global Compact on Business and Human Rights; promote celebration of human rights in the work place (e.g. non discrimination, family friendly policies, decent working conditions, equal pay for equal work).
   • Urge your community’s leaders (e.g. religious, local, sporting, cultural leaders) to make public commitments to human rights.

5) In everyday life action
   • Combat myths with facts: in online and daily conversations, challenge harmful stereotypes.
   • Speak up for tolerance and against prejudice. Keep yourself in check, challenge your own views and prejudices.
   • Consider the human rights track record of companies before doing your shopping.
   • Talk to your children about human rights and point out positive and diverse role models.
DECEMBER

OBSERVANCES: Universal Human Rights Month and Safe Toys and Gifts Month; Art and Architecture Month; World Aids Month.

HOLIDAYS: World Aids Day (1st); Pearl Harbor Remembrance Day (7th); Human Rights Day (10th); Immaculate Conception (8th); Winter Solstice (21st); Hanukkah-start (24th); Christmas (25th); Kwanzaa (26th-Jan 1st); St. John (27th); New Years Day (Jan 1st.).

We’re proud to celebrate Safe Toys and Gifts Month along with The National Safe Kids Campaign and the National Safety Council. Take a look at some tips for selecting safe toys for children:

- Consider the child's age, interests and skill level. Look for quality design and construction, and follow age and safety recommendations on labels.
- Use a small parts tester to determine whether small toys may present a choking hazard to children under age 3. Small parts testers can be purchased at toy or baby specialty stores or you can use the cardboard core of a toilet paper roll - if a toy can pass through, it is too small for young children and may cause them to choke if swallowed.
- Avoid toys with sharp points or edges, toys that produce loud noises, and projectiles (such as darts).
- Avoid toys with strings, straps or cords longer than 7 inches that may pose a risk for strangulation for young children.
- Avoid electrical toys with heating elements for children under age 8.
- Avoid cap guns that use caps that can be ignited by the slightest friction and can cause serious burns.