Current Meeting Notice:
Tuesday, December 17th 7:00 pm

Annual Christmas Social

Next meeting:
Tuesday, January 21st 7:00 pm
Special Agent in Charge Royce E. Curtin
FBI Norfolk Field Office

Please bring your favorite dish to share at our refreshments table

CPAAAN is a 501c(3) non-profit whose mission is to support Norfolk law enforcement.

If you have questions or need information on anything pertaining to CPAAAN, please contact our webmaster at cpaaan.org. Just click on “comments to the webmaster” at the bottom. Or send an email to cpaaan@yahoo.com.

Thought For Today:
Christmas is forever, not for just one day, for loving, sharing, giving, are not to put away like bells and lights and tinsel, in some box upon a shelf. The good you do for others is good you do for yourself.

Norman Wesley Brooks
CPAAAN is again offering Flower Fundraiser Cards to benefit our Scholarship Fund. You can use flowers to brighten your home or as a gift to family and friends.

The cards will be available for purchase at our December 17th meeting or you may contact Edith at 587-1802. Payment must be received at time of order.

Purchase a card for only $25 and get a special bouquet of Free Flowers each month for 12 months from:

**Turpin’s Florist**  
**Phone:** 583-2388  
**1846 E Little Creek Road (across from Big Lots)**  
**Hours:** Mon-Fri: 8:30am - 6:30pm  
**Saturday 8:30am - 4:30pm**

*Voted Norfolk’s Best Florist by the Virginian Pilot!*  

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<thead>
<tr>
<th>Month</th>
<th>Flowers</th>
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<tr>
<td>January</td>
<td>5 White Spiders</td>
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<tr>
<td>February</td>
<td>6 Pastel Roses</td>
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<tr>
<td>March</td>
<td>4 Green Carnations</td>
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<tr>
<td>April</td>
<td>5 stems Mixed Daisies</td>
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<td>May</td>
<td>3 Red Roses</td>
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<td>June</td>
<td>6 Mixed Carnations</td>
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<td>July</td>
<td>6 Stems Alstroemeria</td>
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<td>August</td>
<td>5 Gerberas</td>
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<td>September</td>
<td>6 Carnations</td>
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<td>October</td>
<td>4 Sunflowers</td>
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<td>November</td>
<td>Mixed Fall Bouquet</td>
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<td>December</td>
<td>4 inch Poinsettia</td>
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Mission Statement

The Citizens Police Academy Alumni Association of Norfolk’s mission is to support law enforcement in Norfolk, VA through education, information, networking, community service and volunteerism.

The President’s Beat

Dear Membership,

It was great to see so many of the membership at November’s General Meeting. For our members who were unable to attend November’s Meeting, you missed out on meeting Lt. Jeffrey Balen, who is now in charge of Community Policing which includes working with CPAAAN. CPAAAN welcomes Lt. Balen to the team and we look forward to working with him.

Last month we also had the opportunity to view a DVD on the new $100.00 bill. It was excellent and we thank August Raber for sharing this information with us. I want all of the membership to know that if you ever have information or a topic of interest that you would like to share with the membership, please let us know.

As I look back at this calendar year, I am extremely pleased by how much the membership has accomplished. The participation in events, fund raising and attendance at our General Meeting has been greatly appreciated.

December 14, 2013, the First Precinct has asked CPAAAN to support the “Stuff the Bus” event to benefit J. Cox and Lindenwood Elementary Schools. The event will take place at the Janaf Shopping Center. Items recommended are clothing, coats and toys. The time will be provided via e-mail. Let us thrive to keep up the good work in the coming year.

This month is our Christmas Social. I look forward to seeing all of you.

Happy Holidays and I wish all you the very best in the New Year.

~Yvette Brown, President
HOLIDAY SAFETY TIPS

This holiday season, don’t let the spirit of giving lull you into giving burglars, muggers, and pickpockets a chance to do their dirty work. Crooks love the holidays as much as everyone else, but mainly because holidays are an opportune time for crime. As a crime prevention measure during the holiday season, police would like to remind everyone that many of our activities increase potential for victimization. Criminals are aware that people carry more cash on their persons and make more purchases during the holidays. Your assistance is needed in reducing the number of larcenies of personal property from homes and employee workstations.

You can reduce the likelihood of becoming a victim of a larceny, robbery or burglary by following a few crime prevention practices.

#1 – Lock up your valuables! Lock them inside your office, desk drawer, car trunk, or cabinet. Or, just keep them with you (DO NOT LEAVE ITEMS UNATTENDED). Keep a ledger of serial numbers to aid police in the event property does turn up missing or stolen. If you must leave packages or valuables in your vehicle, make sure they are hidden from plain view, preferably locked in the trunk.

#2 – Tighten security practices at work! Most thieves look for opportunities to test the security of businesses. Have someone available to greet anyone who enters the business to be sure they are there for a legitimate reason. Suggest to employees not to prop open/leave unlocked outer security/delivery/stairwell doors during smoke breaks or loading times. Employees should also be sure doors are relocked and that no one has entered who they do not recognize.

#3 – Tighten security practices at home! Don’t leave doors or windows unlocked and be sure not to open a door for anyone you do not recognize. Double check all windows, latches and security devices. Make sure they are in good working order. Always leave a light on inside the house. A motion-sensored light is a good deterrent for the outdoors, especially for dark areas around the house.

#4 – If an incident does occur, provide the police with details! Notify the police immediately with the following: suspect’s race, sex, approximate age, clothing description, height, weight, and physical features, (glasses, facial hair, tattoos, etc.), last location/direction/mode of travel (bike, vehicle, license plate, state, color, model, etc.). Have victims/witnesses stand by for police to make report and exchange information. Never attempt to apprehend a suspect yourself.

Call 441-5610 for Non-Emergency Police Concerns or 911 for Emergencies.
Lt. Harry Twiford spoke to the membership, thanking them for the support in what they do to help with the FOP Cops and Kids annual Christmas shopping event. Yvette Brown called the meeting to order. Ms. Carolee Beckham offered the invocation, followed by the Pledge of Allegiance led by Mr. Marcus Powell. Mr. John Pitts motioned to adopt the minutes and seconded by Mr. Powell. The Treasurer’s report was given by Ms. Edith Warring. Lt. J. Balen, who is now the Norfolk Police Department’s Community Police Coordinator introduced himself, and talked about his duties. He said that the NPD appreciates what CPAAAN does; he is looking forward to working with CPAAAN along with the 110 Civic Leagues, with the primary help of the Community Resource Officers and residents of the communities. We then had a lengthy question and answer period. Lt. Balen expressed how he enjoys interacting with people. A CPAAAN member mentioned Officer Mendoza regarding winning a Crime Prevention Award and the outstanding work she does. Mr. August Raber presented a video about the new $100.00 bill and tips on how to tell if it’s counterfeit or not. There are many factors to help determine, and to mention just a few are its colors and various symbols and pictures as well as by the touch. To get facts concerning the new $100.00 bill go to http://www.newmoney.gov/. Ms. Brown announced that we are in need of a CPAAAN News Editor. The winner of the 50/50 raffle was Mr. Ellis Thomas who used the money to buy a flower card for himself and donated the remainder to CPAAAN. Members were wished a Happy Thanksgiving. Meeting was adjourned.

Megalene McKelvey
Recording Secretary
On November 5, 2013 Norfolk Sheriff Robert J. McCabe was overwhelmingly re-elected to his sixth term of office. During his twenty years of service to the citizens of Norfolk, Sheriff McCabe has received numerous accolades for improving conditions at the Norfolk City Jail and the jail continues to receive a 100 percent compliance rating from the Virginia Department of Corrections. Sheriff McCabe has been honored for implementing inmate programs that prepare incarcerated men and women to return to their communities after serving their sentences and he is regularly praised for his commitment to the community.

Each week, the Norfolk Sheriff’s Office Inmate Workforce cuts 191 properties throughout the city, saving the taxpayers hundreds of thousands of dollars each year. The NSO is also routinely called upon by civic leagues for event and storm cleanup, in addition to beautification efforts in neighborhoods. The sheriff’s office participates in Project Lifesaver which monitors more than one hundred seniors with Alzheimer’s disease and a handful of autistic children who have a tendency to wander from their homes or caregivers. Specially trained crews locate the missing persons and return them to their residences.

Last year, Sheriff McCabe became the first sheriff in the country to receive National Court Executive Certification. The certification recognizes McCabe’s significant knowledge in the field of Court Security. In order to achieve this national recognition, Sheriff McCabe submitted an approved comprehensive court and security plan to the National Sheriff’s Association which demonstrated procedures for providing safety and security in Norfolk’s courthouses and detailed policy for handling fire and medical emergencies, hostage-barricade situations, bomb threats, required evacuations, escapes from custody or other situations threatening the life and safety of those working in and using the courthouses.

Earlier this year, the NSO also became the first local jail in Virginia to implement the DMV Connect program, an initiative of Governor Bob McDonnell’s Prisoner Re-entry Support Programs, designed to drive down recidivism rates by putting state-issued Identification Cards in the hands of newly released inmates. Sheriff McCabe looks forward to putting even more innovative programs in place over the next four years.
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Monday–Friday 11:00–4:00
Saturday 11:00–3:00
757-855-9539

Office of the Commonwealth’s Attorney
GREGORY D. UNDERWOOD
Norfolk Commonwealth’s Attorney
Suite 600
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Norfolk, Virginia 23510
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FAX (757) 664-4445
gregory.underwood@norfolk.gov

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E-Mail: barclay.winn@norfolk.gov

Barclay C. Winn
COUNCILMAN
Suite 1006 City Hall Bldg.
Norfolk Virginia 23510
Office (757) 494-1400
Home (757) 622-5263
Fax (757) 494-1217

dawg-shack.com
It’s the Law—STOP when a School Bus is Flashing its Lights and Watch for Children Crossing Streets
Christmas Word Search

Find and circle all of the words related to Christmas that are hidden in the grid.

ANGEL  BELLS  BETHLEHEM  CANDLES  CANDY CANE  CAROLS  DECORATIONS  EGGNOG  FAMILY  FRANKINCENSE  FRIENDS  FRUITCAKE  GABRIEL  GIFTS  GOLD  GREETING CARDS  HOLLY  ICICLES  JESUS  JOSEPH  LIGHTS  MANGER  MARY  MISTLETOE  MYRRH  ORNAMENTS  POINSETTIA  SANTA  SHEPHERDS  SKATES  SLEIGH  SNOWFLAKES  SNOWMAN  STABLE  STAR  STOCKING  THREE WISE MEN  TOBOGGAN  TOYS  TREE  WREATH
A Christmas Lesson

Is there a purpose? Why are we here?" A little boy asked as the yuletide drew near. "I really do hope that someday I will know The reason we stand out here in the snow, Ringing this bell as people walk by While snowflakes descend from out of the sky."

The mother just smiled at her shivering son Who would rather be playing and having some fun, But soon would discover before evening was done The meaning of Christmas, the very first one.

The young boy exclaimed, "Mother, where do they go, All the pennies we collect every year in the snow? Why do we do it? Why do we care? We work for these pennies, so why should we share?"

"Because once a small baby, so meek and so mild Was born in a manger," She said to the child. "The Son of a King was born in this way, To give us the message He carried that day."

"You mean Baby Jesus? Is He why we're here, Ringing this bell at Christmas time every year?" "Yes," said the mother. "That is why you should know About the very first Christmas a long time ago."

"The present God gave to the world on that night Was the gift of His Son to make everything right. Why did He do it? Why did He care? To teach about loving and how we should share."

"The meaning of Christmas, you see, my dear son, Is not about presents and just having fun. But the gift of a Father—His own precious Son—So the world would be saved when His work was all done."

Now the little boy smiled with a tear in his eye, As snowflakes kept falling from out of the sky— Rang louder the bell as the people walked by while down deep in his heart at last he knew why.

By Tom Krause