Vol. 11 Issue 1   Citizens Police Academy Alumni Association of Norfolk   © 2011

Meets 3rd Tuesday of each month (except July and August)
7:00PM at Second Patrol Division • 2500 N. Military Hwy, Norfolk
CPAAAN is a 501c(3) non-profit whose mission is to support Norfolk law enforcement.

Next Meeting Notice
Tues, Sept. 20, 2011 • 7:00PM
“Dealing with Irene & Her Relatives”
Hurricane Tips from the Norfolk EOC by Scott Mahone
❖  ❖  ❖
Bring your favorite dish to share and come early (6:30-6:45) to eat before the meeting

Session 88 NPD Graduation
On Thursday, July 7, 2011, Class 88 graduated from the Norfolk Police Academy with 20 new Officers. Acting Chief Sharon Chamberlin spoke to the graduates and introduced the Guest Speaker, Councilman Andrew A. Protygrou.

The President’s Address was given by Peter N. Farnsworth.

Special awards were presented: Firearms – Duong Phan, Physical Fitness – Owen Reese, Honor Graduate – Brian Emerson and the “Kit” Hurst Award – Brian Emerson.

Congratulations to all of the new Norfolk Police Officers:
Philip A. Barringer  Phillip C. Heglar
Derek T. Christian  Adam J. Kezmarsky
Arielle D. Crumble  John C. Koy
Casie L. Duerr  Kevin A. Moore
Brian F. Emerson  Mitchell T. Perry
Peter N. Farnsworth  Duong T. Phan
Sean P. Garrison  Owen P. Reese
James B. Gates  Timothy D. Santos
Jesse A. Gomez  Daniel C. Shelton
Heidi E. Gridley  Forrest J. Sparks

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Mission Statement

The Citizens Police Academy Alumni Association of Norfolk’s mission is to support law enforcement in Norfolk, VA through education, information, networking, community service, and volunteerism.

The President’s Beat

Dear Membership,

Welcome back! I hope everyone had a wonderful summer.

Our 2010/2011 year was very active and exciting. To our longstanding CPAAAN members and to our new members, thank you so much for the time and energy that you gave to make our working year successful. With your help, we were able to cover every Police Event; which includes: the Police Memorial, Police Recruit Graduations, Ribbon Cutting Ceremony/Retirement, Citizens Police Academy Classes, and National Night Out. Acting Chief Chamberlin also gave CPAAAN a “Thank You” for our participation in the Movie Nights. I should also mention that the residents of Campostella and Berkeley expressed their appreciation for the movies.

As you know, October 17, 2011 is the Crime Prevention Awards Ceremony. Please consider attending this event. CPAAAN, along with the Norfolk Police Department, co-sponsors this event. It is our biggest event of the year and it benefits our Scholarship Fund.

In closing, let me say, “I am so proud to be part of the CPAAAN Team.” Thank you again for a job well done. I look forward to working with you in the coming year.

~ Yvette Brown, President
Good Evening.
I would first like to thank the citizens, dignitaries, and friends of the Norfolk Police Department who have taken time out of their busy day to celebrate with us tonight. I also wish to thank the families of our graduates who have and will continue to make sacrifices in support of their officer. I pledge tonight to do everything within my power to ensure that your beloved officer receives the best training, the best equipment, and the enduring support of the City and our department.

Now let me direct some remarks to Class 88—Remember the symbolism. Tonight you officially receive the symbol of one of the most noble professions in existence—policing. The symbol is the badge. Because it is shiny, something very small and seemingly inconsequential can affect its brilliance—a smudge, a drop of liquid, or any number of other substances. So we must protect the badge from the tarnish that may affect its luster and beauty.

This shiny object will be pinned on you tonight by a very special person in your lives. This tradition reflects the nurture, love, and care that we expect officers to take in regard to this symbol during their entire careers. So Do your job with honor and integrity so that no tarnish affects our badge. Do your job with understanding that after tonight you will forever more represent this very noble profession.

Thank you for your commitment to service and on behalf of the men and women of the Norfolk Police Department, best of luck in pursuing this most noble profession.
the wheels off of it” – Defensive wasn’t what came into my head! Where else can you drive fast, chase and slide cars, and the Instructor looks at you and says “you could have gone faster!” You’ve got to love that!

On a serious note was crisis intervention with Officer Mezo and staff. The role players brought such a realistic feel to the scenarios it made us feel “in the moment.” They made us understand real life with some of the stories they shared. So much, you could feel their emotions. And to them, we say thank you.

The next endeavor that stuck out was OC spray day. That “tool” will make grown men and women cry, scream and want their mommies. All I can say is, I hope I have great aim.

Now let me tell you about the great Training Staff that molded us into what we have become. Officer Reardon – you can tell the passion this man has for his job. His physical fitness is amazing and wealth of knowledge is second to none. I remember when he said he’s only been in a couple of fights. Well, If I was 6 foot 3 and 240 pounds, I wouldn’t expect too many to challenge me either.

Officer Hlebinsky – His love for his job is immeasurable, and he is the most tactical guy in a walking cast I’ve ever known.

Officer Morlang – What can I say? From his one liners to “shut up and sit down!” he’s a no-nonsense person.

Then there’s Officer Shauna Williams, all 5 foot (I think 4 inches) of her with eyes that will burn through any surface imaginable. Remember how big I told you Officer Reardon was? When Officer Williams entered any room, her command presence made you forget about all others.

Sgt Epstein, our XO. From his motivating speeches to his shuffling when we run. Made me so mad when he looked as if he wasn’t picking up his feet as he left me standing in his dust.

Lt Pratt, our Training Director. A man that has to walk sideways through doors, wears a flat top haircut and when he speaks it’s nothing but intense. The look on our faces when he would come looking for any one of us or he would address the class was priceless!

I could go on and on about the training staff but it would take forever. I can tell you they are some of the best, most caring, considerate people I’ve met. The desire to do the right thing shows in their character. I can only hope we reach that level.

I don’t have time to mention every officer that helped us grow and become officers. That statement alone should tell you how many dedicated officers helped train us to the best of their abilities. To those, thank you.

Recruit Class 88 is made up of many walks of life. Some left the force and realized they were built only to be Norfolk Police officers and came back. Some have degrees and from a young age have been preparing and have known what they wanted. Some left their hometown miles away to be here in Norfolk. Some are older, have always wanted to be a police officer but never had the opportunity. But we all have the same desire, to be the best Norfolk Police Officer we can be.

~ Peter Farnsworth, Class President

Special Awards (L to R) Firearms—Duong Phan
Physical Fitness—Owen Reese
Honor Graduate—Brian Emerson
“Kit” Hurst—Brian Emerson
Congratulations on a milestone in life that few in our society can, or ever will, obtain. Congratulations and thank you for completing the training and having the courage to be a guardian and protector of our free society. And congratulations for being willing to take the oath to support the Rule of Law.

I am humbled to be here and to address you. I consider it one of the greatest honors in my life to have been asked to do so.

I believe it appropriate that I leave you today with some thoughts and observations that I have obtained over the last twenty-five years in the practice of law, four years of which were as a substitute General District Court Judge and this past year as a City Councilman for our great city.

Each of the foregoing professions, in one way or another, required me to take an oath similar to the one you will take today—upholding the laws of the Commonwealth and its Constitution and that of the United States. Each profession has afforded me close contact with all sorts of police officers, troopers, and agents both Federal and State. Also, each position has allowed me to develop close personal relationships with officers even though at times our professional lives placed us in adversarial positions.

There is a Federal jury instruction read in every criminal case. It instructs jurors that the Government (Prosecution) is not interested in whether it wins its case, it is only interested that justice occur. It goes on to implore the jury that, if the defendant is not guilty, then say so. Justice is always served when the law is followed and a verdict is rendered.

As a lawyer I implore you to always tell the truth. Each of you will spend countless hours in court. As you take an oath today, you will be sworn to tell the truth, just like a defendant is, upon every appearance and sometimes upon every defendant in a courtroom. You are guaranteeing on your personal honor, your name, and in the eyes of God to render the facts of the case to the tribunal.

Defendants will lie. You cannot quibble! You cannot equivocate! You cannot even hedge! For if you do our system of government fails. When I say system of government, I mean our democracy itself. Each time you receive testimonial oaths, accept it as that serious. If you do, you will never go wrong.

Do not be an advocate! You will testify in civil and criminal cases. When you do, remember that you are the recorders of the facts: where the gouge marks were found in the roadway; what the defendant told you he had to drink; when the gun was found in the garbage can; and who ran from you during the foot pursuit. You are not the advocates for a particular version of events or position. Remember, it's not about the winning or losing, that should never matter to you. Its making sure justice is done.

Lawyers do not bite. Subject to your departmental policy, talk to attorneys, civil and criminal. Should a civil attorney seek you out about a case and wish to speak to you about your investigation, usually involving a motor vehicle accident, please do so. That meeting or phone call may just save you a deposition subpoena or court appearance. Both of the foregoing will always seem to result on your day off. In criminal cases or traffic cases, the lawyer is not trying to trip you up or cast a spell on you. He just wants the facts. Why? Because at the time of the arrest or accident his client was probably drunk, high, or both or just may not remember the truth.

A technique some lawyers use when their clients give them the story of their case as to the facts (notice I said story) is: now tell what the officer will say if he were to testify. We then usually get a more accurate version. Should you talk to the attorney before court, it will usually allow him to discuss a plea with his client and, at the very least, will alert you to what his cross examination may be.

Take good notes: Remember you are the recorders of fact. Your notes will be used in cases tried two, three, four, even five years after the accident, injury, or crime. Your notes must be legible, specific, and complete. Your notes will be read into deposition testimony,
trial, turned over to defense counsel, and used by experts in civil cases to express opinions. If your notes are not legible—I have seen officers who cannot read what they have written—it is not just your reputation that you damage, but justice itself.

Over time you will not remember one arrest or accident from another, so make sure your notes reflect the facts of what actually occurred and who said it.

As a judge, having sat four years on the bench in Norfolk and throughout Hampton Roads, I have seen countless officers testify. My advice to you from the bench: always tell the truth. It may sound redundant, contrite; but I cannot stress to you more that the truth is paramount to a fair trial.

I once watched an officer trying a case without the defendant present tell the court that he could not testify to a set of facts that would assure a conviction. Remember there was no defendant to contradict him. The court dismissed the case and I have always held that officer in the highest regard since.

Do not show your disgust with a court’s ruling. Cases will be lost in which you have testified. If a judge rules in a manner you think is wrong, do not take it to heart and do not take it personally. Please do not develop an us verses them, attitude as to the people you protect or the criminal defendant you are testifying against. Remember the case is not about your win or your loss. It is about justice being served. Should a judge rule for the defendant or an objection be sustained do not: huff and puff, slam your summons book shut, or roll your eyes. The judge will remember you. You will be in front of him again. Accept the ruling, learn what the mistake was, don’t do it again, and move on to your next case.

This brings me to begin your lifetime of learning and loving the law now. Continue to study the law by reading legal periodicals, legal newspapers, and anything that gives you updates in your field. Study. Talk about cases that have been decided by the United States Supreme Court, Virginia Supreme Court, and Court of Appeals. The law changes by the day and you are challenged with protecting and upholding the laws of the Commonwealth and its Constitution. Remain a student of the law forever. I promise you too will fall in love with it.

As a City Councilman I implore you to love this city. You are her guardians. You protect her citizens. You are to guard her reputation. Show respect to the citizens you protect and they will return that respect to you. Over the years I have always been astonished how Federal Marshals control the courtroom. Defendants routinely are facing mandatory minimum sentences of ten years or life in prison. Yet, court is conducted with dignity and solemnity and for the most part the defendants are ladies and gentlemen. I asked a Marshal friend of mine what was the trick; how did they always get hardened criminals, gang members, and/or drug dealers to do as they wished. The Marshal told me it all comes down to RESPECT. If I treat every defendant as a gentleman, a person worthy of my service, I will receive the same treatment back. Good advice at any level of police or citizen contact. If you treat every citizen you encounter on the street with respect and worthy of your service, you will be treated with respect back.

Finally, maintain open and honest discussions with your City Council. Tell us your needs and wants. We have a responsibility to you, as your representatives. However, we can only be as good as you let us. Keep your City Council in the information loop.

In conclusion, on behalf of the citizens and City Council of the City of Norfolk, I thank you in advance for your service, and once again congratulate you. May God continue to protect each of you and keep you safe.

~ Councilman Andrew Protogyrou

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Norfolk Police Spend Summer Reaching Out to Residents
From National Night Out in East Ocean View, to Movie Nights in Berkley, to Tides Games with Badges for Baseball All-Stars, and Flag Football with youth in NRHA communities, the Norfolk Police have been beating the heat and enjoying the summer with residents. As fall approaches, we continue our steadfast momentum to engage with residents and encourage active participation in civic leagues and neighborhood watch groups. With the advent of fall comes a new season to reaffirm our commitment to community and look out for one another. There will be many opportunities to serve and support our efforts, and we look forward to working with YOU! Please contact the Crime Prevention Unit to learn how you can become a part of your civic league or neighborhood watch group.

The Crime Prevention Unit is organizing the Crime Prevention Banquet to be held at the Murray Center. Citizens and employees are nominated and honored in six Crime Prevention Awards categories. The keynote speaker for the occasion is City Manager Marcus Jones. Please save the date – October 17, 2011 – and get your tickets now.

The Citizens Police Academy is another example of how to help your neighbor and the Norfolk Police Department. The next session will begin in 2012, so please ask your family and friends to get involved and go to www.norfolk.gov/police to sign up.

NPD Nationally Recognized for Work in the Hispanic Community
The Crime Prevention Unit’s Hispanic Resource Officer was honored over the summer by the National League of Cities for initiatives that foster greater communication in immigrant communities. Norfolk is one of 17 Police departments from across the country to be recognized for successful public safety-immigrant relationships. Since 2006, the goal of the HRO has been to create greater relationships to positively resolve law enforcement issues. Improved communications have resulted thanks to creative initiatives to include the Annual Hispanic Soccer Tournament. Congratulations to the Crime Prevention Unit and Officer Medel!

Norfolk Investigator Honored for Valor
Investigator J. Davis was recognized earlier this summer by the US Department of Justice Program, “VALOR” (Preventing Violence Against Law Enforcement Officers and Ensuring Officer Resiliency and Survivability). It was back in 2004 that Investigator Davis was involved in a narcotics take down, and thus received a gun shot wound as a result. VALOR flew him to Detroit and conducted a video taped interview with him about the incident. The video will be used to aid law enforcement agencies around the country, and collect information for their continued study of officer involved shooting incidents. http://www.ojp.usdoj.gov/BJA/grant/valor.html

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What Is a High Constable?

By Paula Miller, Sheriff’s Office Communications Department

From time to time curious civic league members and citizens have asked about the title, High Constable, after the sheriff’s name. The words “High Constable” have a Latin origin, from the words “comes stabuli” which means count of the stables. In the Eastern Roman Empire, the constable was the officer in charge of the horses of a lord or monarch. Later the term evolved into a high military or great officer.

In Virginia, a high constable is a government official who has statutory power to serve civil process and to levy upon property. There are just two high constables in Virginia. Norfolk Sheriff Bob McCabe is one and the sheriff of Virginia Beach is the other. ALL the monies collected under this authority stay within the jurisdiction of the high constable; whereas fees collected by the sheriff are divided between the Commonwealth and the local jurisdiction, with the Commonwealth receiving the lion’s share of the revenues.

Several decades ago the high constable position was absorbed into individual sheriffs’ offices, with the exception of the City of Norfolk. Several years later, Virginia Beach got a legislative change to allow it to appoint a high constable. After that, the General Assembly quickly ended the concept of high constables out of fear of losing revenue to localities.

City Council appoints the high constable. Sheriff McCabe was named to the job in 1997 and almost immediately the City of Norfolk netted a $400,000 increase in revenue to its General Fund. This, as the sheriff absorbed all the costs of the high constable office into his office. Since 2000, the annual net revenue collections to the General Fund have exceeded $500,000 each year.

The Council can always opt for naming someone other than the sheriff but to do so would require funding that position, as well as those for deputy high constables, vehicles, computers, etc. Before Sheriff McCabe took over, the previous high constable received a salary of $86,000. Today, the sheriff receives a city supplement of less than $15,000 for the job.

Talking Trash

Nowhere does the impact of the Inmate Work Force reflect more positively on our Norfolk community than in the numbers we’re about to share:

In fiscal year 2010–2011, NSO Inmate Work Force Crews gathered a total of 24,230 bags of trash from neighborhoods, streets, ditches, and along the light rail line. Put those bags on a scale and you’ll see them add up to 800 TONS of TRASH!

Congratulations to the Inmate Work Force and the hard working, dedicated Community Corrections staff which works so diligently seven days a week to ensure that Norfolk is a City where life can be celebrated daily!
President Yvette Brown called the meeting to order at 7:00 PM. Invocation was offered by Grace Clark. The Pledge of Allegiance was led by Nathaniel Riggins.

Following a motion by Ronald McEntee and second by Donald Ross, the minutes of the May 2011 meeting were accepted as published in the CPAAAN Newsletter.

The Treasurer’s Report was given by Edith Warring and will be filed for audit.

Officer Daniel Hudson, of the NPD Crime Prevention Bureau, spoke on the topic of Home Security and also provided a Power Point presentation. It was a very informative program which included helpful tips on things each of us can do to make our residence safer. Officer Hudson announced that the NPD will perform a Crime Prevention Survey at no cost for a residence or business upon request.

Acting Chief Sharon Chamberlin administered the oaths of office to CPAAAN officers for 2011–2013. Incoming officers are: President, Yvette Brown; Vice-President, Mary Babcock; Treasurer, Edith Warring; Recording Secretary, Magalene McKelvey; Corresponding Secretary, Margaret Anne Craig.

Maravia Ebong, the Community Outreach Coordinator for the NPD Crime Prevention Unit, spoke about the upcoming National Night Out event scheduled for August 2. It will begin at 5:30 PM at the East Ocean View Recreation Center on 20th Bay Street. This year there will also be a boat parade as part of the program.

UPCOMING EVENTS

Citizen’s Police Academy Graduation on June 23 at 6:00 PM. CPAAAN members are invited to attend and bring a dish to share.

Ribbon Cutting Ceremony at the new facility at 901 Asbury Street at 10:00 AM on June 30. Chief Chamberlin invites all CPAAAN members.

Youth Movies Night sponsored by CPAAAN, first movie is on July 7, 2011.

Crime Prevention Awards Ceremony on Monday, October 17, 2011.

President Yvette Brown announced that 2010–2011 had been a very successful year for the association. She sincerely appreciates and thanks each of the members for their efforts and participation in contributing to this achievement.

The meeting was adjourned at 8:15 PM. Refreshments followed.

There are no general meetings in July and August. The next regularly scheduled meeting is on September 20, 2011 at 7:00 PM.

~ Margaret Anne Craig, Recording Secretary
Happy Birthday to You

September
01 Thomas Brown
05 Leanne Smith
13 Gloria Brown
15 Nathaniel Riggins
21 Donnell Justice
25 Laura Hill

Please let us know if we missed your birthday so we can update our records.
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– 10 –
Police and Fire-Rescue Museums

The Norfolk Police and Norfolk Fire-Rescue Museums are located in their shared building at 401 E. Freemason Street, Norfolk. The two museums are open to the public, free of charge, Wednesday through Saturday, 10:00AM to 4:00PM and on Sunday 12:00NOON to 4:00PM. For information and to schedule groups, call 441-1526.

Taking It to the Beach

On August 2, East Ocean View was the National Night Out neighborhood for 2011. Participants were NPD Acting Chief Sharon Chamberlin, Sheriff Robert McCabe, Fire-Rescue Chief Jeffrey Wise, and Councilman Thomas R. Smigiel Jr. Mayor Paul Fraim presented the Proclamation to the host neighborhood. The NNO trophy was passed by Patsy Cooke, President of East Ocean View Civic League, to Taylor Gould, President of Fairmount Park Civic League for NNO 2012.

The Norfolk Police and Norfolk Fire-Rescue Museums are located in their shared building at 401 E. Freemason Street, Norfolk. The two museums are open to the public, free of charge, Wednesday through Saturday, 10:00AM to 4:00PM and on Sunday 12:00NOON to 4:00PM. For information and to schedule groups, call 441-1526.

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Top 10 Safety Tips for College Students

Minimize your chance of becoming a victim of crime. Remain vigilant and practice good safety habits by remembering and sharing these “Top 10” safety tips.

10. If you suspect someone is following you, don’t go home. Go to a public place and call the police.

9. When you go out with someone you don’t know very well, tell someone who you’re going with, where you’re going, and when you’ll return.

8. When taking friends home, make sure they are in their residence before driving away.

7. Don’t do laundry when you’re likely to be alone. Try to arrange laundry times with a friend. Report suspicious persons loitering near the laundry room to the police.

6. When possible, travel in groups or pairs; never hitch hike.

5. Only use last names on mailboxes or call boxes, and never label keys with your name or any other contact information.

4. Identify visitors at your door before opening it. Also, verify employment of any repair or maintenance worker.

3. Make sure all doors (home and vehicles) are locked at all times.

2. Make sure all valuables in your vehicle are secure and out of sight.

And the number 1 safety tip for college students is:

1. Start a “Student Watch.” Connect with neighbors to enhance personal safety for your self and your fellow students.

For more information, contact the Norfolk Police Crime Prevention Section: (757) 664-6901.

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