CPAAAN News

October 2011

Meet 3rd Tuesday of each month (except July and August)
7:00PM at Second Patrol Division • 2500 N. Military Hwy, Norfolk

CPAAAN is a 501c(3) non-profit whose mission is to support Norfolk law enforcement.

Next Meeting Notice
Tues, Oct. 18, 2011 • 7:00PM
Chief Jayward Hanna
Chief of Police for
Norfolk International Airport

Bring your favorite dish to share and come early (6:30-6:45) to eat before the meeting

911 Fundraiser
The Norfolk 911 Activities Committee will be selling the 2012 Entertainment Coupon Book again this year. The fundraising price this year is supposed to be $30 but to help out, we will hold the price down to $25. There will be no end of the season sale, just a season long sale of $5 off. As all of you know, these books could save you several $100s over the course of a year and they make wonderful gifts. As the popularity of couponing expands, so do the demands for more coupons. By adding the book to your efforts, you can receive fine dining deals, grab fast food coupons, and get discounts at some of your favorite grocery and retail stores. There are also online opportunities to get car and home care deals, plus local entertainment and travel around opportunities for less.

Books will be available at the EOC, Norfolk Employees Credit Union in City Hall, El Rodeo’s Restaurant on Virginia Beach Blvd, or by calling Kathy Mahone at 515-8770.

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If you have questions or need information on anything pertaining to CPAAAN, please contact our webmaster at cpaaan.org. Just click on “comments to the webmaster” at the bottom. Or send an email to cpaaan@yahoo.com.

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Mission Statement

The Citizens Police Academy Alumni Association of Norfolk’s mission is to support law enforcement in Norfolk, VA through education, information, networking, community service, and volunteerism.

The President’s Beat

Dear Membership,

It was great to see faithful CPAAAN members come back together for September’s General Meeting. Many of our members expressed how much they enjoyed the presentation on “Irene and her relatives” by Scott Mahone. Thank you so much, Scott, for your outstanding presentation.

Let me speak now about the Crime Prevention Awards. I know a lot of our members are unable to attend this year’s ceremony; however, it is not too early to start thinking about next year. Although it would be nice if all of our members could attend the Awards Ceremony, I know that it’s impossible. However, you can still be involved by nominating an Individual, Group, City Employee, Law Enforcement, or Youth. I have said many times, if not for the Crime Prevention Awards, many of us would never know the work that these individuals and groups have done to make our Communities and City a safe place to live and work.

Before I close, I would like to remind you of something that Scott Mahone mentioned at our General Meeting. The CPAAAN Members who participated in giving out ice the day after the storm impressed our City Manager, Marcus Jones. Your willingness to help out the communities was a credit not only to yourselves but also to CPAAAN. I cannot thank you enough for your continued support of our mission. Because of the work that you did from 2010 to 2011, we will be called upon to help with other projects. Please keep up the good work. We appreciate your help.

Yvette Brown, President
Recently I made a presentation to City Council and reported that, for the first half of 2011 (January 1 to June 30), the overall crime rate for the City of Norfolk is down 14% compared to the same time period in 2010. I attribute this decrease to the ongoing partnerships between the department and the community. Thanks to the continued diligence and arduous work of our police officers and the vigilance of our team of CPAAAN alumni, civic leagues, and neighborhood watches, we continue to get the job done together. We remain steadfast in our efforts, and recently launched the Student Safety Consortium (SCC) initiative with area college students from Eastern Virginia Medical School, Norfolk State University, Old Dominion University, and Tidewater Community College. Crime Prevention personnel will teach crime prevention safety information and strategies to SCC representatives who will serve as ambassadors on their respective campuses, sharing this information through social media, newsletters, emails, and websites.

The department also reached out to engage citizens by participating in the city-hosted Community Conversation event last month at Lambert’s Point Recreation Center, with a tutorial on Crime View Community. Crime View Community is a software program located on the department’s website that allows citizens to learn what crimes have affected specific areas of the city. www.norfolk.gov/police/crime_view.asp

I encourage you to remain actively involved in our partnership, and recruit other like-minded residents to bolster crime prevention awareness in Norfolk.

Speaking of team—Officers suited up for flag football games with youth from the Norfolk Redevelopment and Housing Agency recently at Old Dominion University’s Powhatan Field. The game was another opportunity to reinforce positive relationships between officers and young men 14-18 years of age while engaging the youth and demonstrating good sportsmanship. Special awards were given after the games, to include “NRHA’s All Star Team MVP,” D. Walton of Oakleaf Forest. More games are scheduled in the coming weeks.

FAMILY DISASTER PLAN
Items Your Survival Kit Should Include:

- Water (1 gallon/person for at least 3 days)
- Non-perishable foods in secure containers (enough per person for at least 3 days)
- Flashlight, radio, and spare batteries
- Important documents and cash
- Blankets and extra clothing
- Sanitation and personal hygiene items
- Basic medical supplies and first aid kit
- Prescribed medications
- Cooking equipment, plates, and utensils
- Baby food and supplies

In addition, be aware ahead of time about what you would need in case of an evacuation and be prepared to leave quickly.

For more information, call 1-800-redcross or go to www.redcross.org.
President Yvette Brown called the meeting to order at 7:15PM. Invocation was offered by Larry Hoots. The Pledge of Allegiance was led by Margaret Hoots.

Motion to accept the minutes as published in the newsletter was made by Ron McEntee and seconded by Margaret Hoots, and minutes were accepted.

The President relayed Acting Chief Chamberlin’s sincere “appreciation to the volunteers for giving out ice the day after hurricane Irene.”

Treasurer’s Report was given by Edith Warring and will be filed for audit.

Audit Committee chair, Margaret Anne Craig, gave the audit report in detail.
1. Bank Statements for each month were in order.
2. Committee commended Edith Warring for her Spread Sheet records.
3. The committee recommended that on the two signers for the Checking Account, the signers should never be related by blood.
4. We need to actively increase our advertising so that we can increase our source of income.
5. The records were in great order for 2010-2011.

GUEST SPEAKER

Scott Mahone gave a presentation on the topic of Hurricane Tips from the EOC (Emergency Operations Center). Mr. Mahone explained and answered questions on some of the most vital information we all should know. A few are:
1. Break-ins during the storm (theft).
2. Turn off main breakers.
3. Where to go – let family and friends know where you are; try to keep contact alive.
4. Those who opt for bus transportation to shelters are allowed one piece of luggage and anything you can carry of need. There are 26 authorized shelters in Hampton Roads, and Lake Taylor Elementary School can withstand a Category 1 and 2.
5. Types of Shelters: Staff Shelter; Shelters for Pets; Residents with Disabilities; Homeless Population for men and women.
6. Within 72 hours, the Damage Assessment Team goes into action.
7. The Governor, the President, and the City Manager can declare the State of Emergency.
8. The Recovery Phase is in place, with Power Outage and Damage Assessment with assistance from FEMA.

Mr. Mahone showed slides of volunteers giving out ice the day after Hurricane Irene, to include our City Manager Marcus Jones. Forms were passed out to give to those requiring special needs.

President Yvette Brown spoke of the Crime Prevention Awards, honoring those that have done extraordinary work for our city and communities.

50/50 raffle: $19 was won by Mary Babcock.
Door Prizes won by Phillip Hawkins and Janie Worrell.

Our next meeting will be at the Police Training Center. The meeting was adjourned at 8:45PM.

Magalene McKelvey, Recording Secretary
Cindy Borum became the Norfolk Sheriff’s Office’s first female Lieutenant Colonel on September 7, 2011 and is somewhat nervous about her new role. But she says it’s a “good nervous.” It’s the achievement of one of three goals Borum set for herself when she joined the Norfolk Sheriff’s Office 17 years ago. Other women reached the rank of Captain and Major before she did, but no woman has beat her to the rank of Lt. Colonel.

Work ethic and integrity. Those are the two words she uses to describe how she achieved her ultimate career goal. Borum has two older brothers but no other law enforcement officers in her family. Working as a police department aide in Portsmouth led her to a job as a Portsmouth Police dispatcher and then on to a deputy position in Portsmouth, a job she held for three years.

Since joining the NSO in 1994, Borum has risen through the ranks to command the jail, served as the officer in charge of training, had three tours in Organizational Development (PRIDE program), spent light duty time in Civil Process, and supervised Booking and Records.

Borum’s selection as Lieutenant Colonel was a clear choice for Sheriff Bob McCabe. “Cindy has been a conscientious, dedicated deputy ever since her arrival in 1994. Her rise through the ranks is a testament that being a female in a male dominated profession will not be a hindrance if you know the job, work hard and try to bring co-workers up with you—which Lt. Colonel Cindy Borum has done her entire career,” said McCabe.

Her mentor, Lt. Colonel Norman Hughey, has produced what she calls such a “well-run machine,” that most of her duties will be to “enhance what we’ve been doing,” said Borum.

While she’s no stranger to responsibility and will oversee 70 percent of the NSO functions, Borum hasn’t always been in control of her personal and professional lives. A 2007 breast cancer diagnosis, at the age of 42, sidelined her for six months while recovering from a double mastectomy and hysterectomy. Borum’s mother died at the age of 33 from breast cancer, so she was vigilant about her own health warnings from an early age. She credits her vigilance with being alive today and has become a tireless advocate for cancer awareness—all cancers!
Borum leads the NSO’s Relay for Life team and consistently raises a record amount of donations each year. She’s also a regular team leader for the Virginia Special Olympics and missed just one polar plunge in fifteen years, due to her recovery.

A 2003 house fire, which left her homeless and with only the clothes on her back, in addition to the cancer, explain her resolve that what she does at the NSO is for the greater good of the department and not just herself. She chokes up when discussing how her colleagues rallied around her at both difficult times in her life. And Borum, more than anyone perhaps, understands what Sheriff McCabe means when he insists that the NSO is truly a family organization.
Surviving An Assault

Planning and practicing your reaction plan is important to survival from an assault. But it’s impossible to predict or identify every scenario or the best way to respond in every situation. Having a general idea of what you (and your family) would do in most circumstances may be just the recipe to escape. Take time to think about and discuss things that could happen and make sure you and all members of your family are as prepared as possible.

**To Do and Not To Do**

- **Do** everything possible to **Not** go with the assailant if they want to leave the area. This can lead to an even worse outcome.
- **Do Not** go into areas that you know are unsafe.
- **Do** keep your arms free of large loads of bags and other items; you can’t react if your hands are full!
- **Do** draw attention to your situation by yelling for help and flagging down passing pedestrians or motorists.

~ from *Crime Prevention Connection*

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**Check Your Credit Report**

Some of the first signs of illegal use of your identity can be detected by monitoring your credit. Federal law allows everyone the opportunity to check their credit report free of charge from all three credit-reporting bureaus once a year. If you check with each bureau once a year on a quarterly basis, you can get an updated report at different times of the year. You can obtain your credit report by calling (877) 322-8228 or by going to [www.annualcreditreport.com](http://www.annualcreditreport.com).

If you notice something in your credit report that is in error, immediately contact the bureau with the listed error and they will provide directions on your next steps for reporting the error and placing an alert on your credit.

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