Next Meeting Notice
Tues., March 16, 2010 • 7:00PM
Criminal Intelligence Program
Part 2 – Hate Crimes
Tues., April 20, 2010 • 7:00PM
Part 3 – Human Trafficking
Nominations Schedule
March – Set up Committee
April – Report on Slate of Officers
May – Election and Swearing-in of Officers for 2010-2011

Spring Citizens Police Academy
SIGN UP NOW!
The Citizens Police Academy runs for 12 weeks and is offered twice a year. Classes are held on Thursdays from 6:30PM to 9:30PM at the Second Patrol Division, 2500 N. Military Hwy, Norfolk. The Spring Academy Class #28 will run from April 1 through June 17. For more information or to sign up, call Officer Miles Warren at 664-6921 or send an email to miles.warren@norfolk.gov.

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The President’s Beat

Dear Membership,

Thank you to all those who attended our February General Meeting. I would like to give a special thank you to Sgt. Alex McConnaghy for the presentation on the Overview of Criminal Intelligence/Free Speech.

Before I go on, I would like to apologize to the Membership for the February E-Mail Reminder Notices that did not go out. Our Recording Secretary, Margaret Anne Craig, did some checking and brought it to my attention. The good news is that one of our members, Ms. Carolee Beckham, has graciously volunteered to send out the General Meeting reminders. Thank you so much, Ms. Beckham. I should mention that Ms. Beckham is also on our Fundraising Committee and, at this month’s General Meeting, she will be presenting her idea for our next Fundraiser. I can’t tell you how pleased I am with our Fundraising Committee. Ms. Peet and Ms. Beckham have both taken charge and are showing us their dedication and commitment to CPAAAN.

I would like to remind the Membership that we are still looking for someone willing to learn how to put our Newsletter together. A big part of our goals for this year is to make sure that all of our positions have a back-up person. Imagine how it would be if, for some reason, we could not get our Newsletter out.

Thank you for all of your support, and I look forward to seeing you at our March 6 Fundraiser and our next General Meeting on March 16.

~ Yvette Brown, President
Recently the Norfolk Police Department held its annual awards ceremony at Norview Senior High School on January 28, 2010 and, for the first time, the event was included along with an academy graduation. While unprecedented, Chief Marquis determined that the combination of ceremonies would allow people to see how employees of the department are recognized and hear about the work that earned them their awards. Each quarter, the departments’ Awards and Commendations Committee accepts nominations for “Police Officer of the Quarter” and “Civilian of the Quarter.” The committee then determines, based on different criteria for officers and civilians, who will receive formal recognition from the department.

Officers who are recognized for their outstanding professionalism may receive one of several awards: Medal of Honor, Medal of Valor, Distinguished Service Medal, Purple Heart, Police Cross, Citizen Service Medal, Police Commendation Award, the Life Saving Award, and Community Awards. Letters of Commendation are also awarded. In 2009, 34 officers received Letters of Commendation. Every award is not always given, due to criteria. In 2009 the Lifesaving Award, Police Commendation Award, and Medal of Valor were awarded.

- Lifesaving Award – Awarded to employees for saving the life of another human being where the recipient was not placed in imminent danger.
- Police Commendation Award – Awarded to employees for an act materially contributing to a valuable police accomplishment or for submission of a device or method adopted to increase efficiency in an administrative or tactical procedure.
- Medal of Valor – Awarded to a Norfolk law enforcement officer for performing an act of extraordinary bravery at imminent danger to personal safety in the line of duty.
- Civilians or non-sworn employees of the department are important to the day-to-day operations of the agency as well, and are awarded Letters of Commendation based on work accomplished above and beyond their typical daily assignments.

Norfolk Police Employees who take pride in their work and exceed required expectations are very much appreciated. Please see the names of the Norfolk Police 2009 Award Recipients on page 4. Their tenacity and great work ethic are what make the Norfolk Police Department an agency for excellence.

~ Chief Bruce P. Marquis
NPD 85th Session Graduation

On Thursday, January 28, 2010, the Norfolk Police 85th Session graduation ceremony was held at Norview High School. Nineteen recruits became new Norfolk Police Officers.

Guest speaker was the Honorable W. Randy Wright, Norfolk City Council. The Class President’s Address was given by Tammy Mendoza. Chief Marquis presented the Achievement Awards and performed the Badge Ceremony and Warrant of Appointment, and the Swearing-in of the new Officers.

Congratulations to the following new Norfolk Police Officers:

- Christopher Amos
- Stephano Blakely
- Joseph Carpenter
- Brian Daley
- Nicholas Edington*
- Amon Everett*
- Terrell Godwin
- Joshua Hathaway
- Ryan Johnson
- Ignacio Keeling*
- Daiana Kelly
- Christopher Lambert
- Tammy Mendoza*
- Richard Ober
- Jaden Sivils
- Steven Sweder
- Carl Tate
- Jose Torres*
- Robert Vincent

*Class Officers

NPD 2009 Annual Awards

Civilian Employee 1st Qtr ....... Ms. Cena Taylor
Officer of 1st Quarter...........Officer D. Benjamin
Civilian Employee 2nd Qtr ....Ms. Sarah Meekins
Officer of 2nd Quarter .........Officer C. Jennette
........................................Officer R. Santo-Domingo
Civilian Employee 3rd Qtr ... Ms. Maravia Ebong
Officer of 3rd Quarter ..... Officer J. Rogers
Civilian Employee 4th Qtr ... Ms. Maravia Ebong
Officer of 4th Quarter ..........Officer M. Turcotte
Police Commendation ..........Officer M. Giraudo
........................................Officer J. Wright
........................................Officer M. Turcotte
........................................Investigator F. Currott
........................................Investigator A. Randolph
Life Saving Award .............Officer J. McCoy
........................................Officer T. Burke
........................................Officer J. Cavazos
........................................Officer M. Turcotte
........................................Officer J. Allread
........................................Officer R. Logan
........................................Officer J. Rogers
........................................Officer J. Schraft
Medal of Valor .....................Officer V. Decker
Civilian of the Year ..........Mr. Maravia Ebong
Officer of the Year ..........Officer D. Benjamin

I would like to first start by thanking everyone for being here. Those who have traveled from near and far, and those who have rearranged their work schedules to be here tonight — thank you.

Class 85 started this journey together on August 17, 2009. We started with 30 strong and began to dwindle down from day one. Every day seemed to be a new test. Are my boots shined enough, is my uniform pressed correctly? Did I remember everything? Or better yet, did my classmates remember everything? If not, get ready for more pain. Push-ups, flutter kicks, or whatever clever ideas the instructors could come up with. From the first day, the instructors stressed the importance of paying attention to detail. It just seemed to take some of us longer to grasp the concept than others.

Before we knew it, we were headed to the pistol range, also known as hell week. We lost a few people that week. This was a trying time, with all of the physical and mental exhaustion. Maybe it had something to do with all of the physical exhaustion and barricades we had to carry over our heads. At this point in our training, none of us realized that the pistol range would be the place that would be the toughest and most challenging, but we would soon find out.

We then lost more people, at which time I

“Class President,” see page 5

Officer Victor Decker Receives Medal of Valor from Chief Marquis

Chief Marquis Presents Civilian of the Year to Maravia Ebong
“Class President,” from page 4

became only the second female in history to be in charge of an academy class. This was a huge complement that they felt confident in me to be able to get the job done. So I accepted. At times, I wondered what I got myself into. Phone calls after work and on the weekends. I had even considered changing my name because I got tired of hearing it all the time. In the end, it all worked out; we came together as a team, but more like a family.

Classroom time was sometimes intimidating with all of the information we would have to know. Do you have enough probable cause? What is the totality of the situation? Do you have reasonable suspicion? At times, it seemed like we were taking test after test. Some of us felt like we needed a medical degree with some of the pronunciations. After a while, it all started to make sense. It was as if the light bulbs had finally turned on.

I had heard time and time again that the Norfolk Police Department was the best place to work. Now I realize that it truly is. The instructors have given us all the tools that we will need to hit the street. We feel extremely lucky to have been trained by the best, and now will get to work with the best. We have all formed bonds and relationships with each other. Who else can you get to hold you up while you’re being tased with the X26 taser? Share the water hose and your snotty tissue after being sprayed with O.C.? Compare bruises and wounds with after 2 weeks of defensive tactics, and not tell each other that you stink from all the icy hot? We have all grown close to the instructors as well. Some liked us giving nick names; others liked making us do the thriller dance, some just liked to give us a hard time. In the end, every instructor, every role player for scenarios, and every class that was taught has helped prepare Class 85 to be able to get the job done — and we thank you all.

So for the last time, I will dismiss my class. Class 85! Fall out...Stand for something, fall for nothing.

~ Tammy Mendoza
Class 85 President

Special Achievement Awards

Congratulations to the 85th Session Graduates who received Achievement Awards:

- Firearms ............................ Ignacio Keeling
- Physical Fitness ...................... Jose Torres
- Honor Graduate .................... Ignacio Keeling
- “Kit” Hurst Award ............... Ignacio Keeling

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When the New Year began, not only did we start another decade of the 21st century but we moved into yet another tax season and a time when the U.S. government will begin taking a census. Just like a thief that might break into your home to steal your property or money, so will a con artist. Sheriff McCabe, his deputies and staff do not want you to be duped by these common criminals.

Tax time is here once again and the Internal Revenue Service is warning citizens to be aware of the many scams that are being passed around the United States. The latest “IRS Scam” involves an official looking “IRS” email that states a person can get their tax refund deposited to their personal Visa or MasterCard. In the email message it asks for the individual to give their Social Security number, Visa and/or MasterCard account number, its expiration date, and the credit card’s CVV (card verification value number). They also request the person’s filing status and the amount they were to receive as a refund that was shown on their tax return.

Do not be fooled! The IRS never notifies taxpayers about anything through email. Nor do they solicit any services to taxpayers through computer and email messaging. All notifications are done by official U.S. Postal Service mail and at times taxpayers can be contacted by IRS workers by telephone. The IRS cautions not to be taken by these con games. The email appears official by using logos and authentic looking links to the IRS web site. However, the links will steer the victim towards phony web sites that require personal information and will then open the unsuspecting taxpayer to not only theft of their hard-earned money, but their identity as well.

This year, 2010, also marks another decade where the U.S. government must take a census. All citizens of the United States of America must be counted and census takers will be appearing on people’s doorsteps in the near future. The U.S. Census Bureau wants citizens to know that when a census taker knocks at your door, the worker will have an I.D. badge, a handheld device for gathering census information, a bureau canvas bag, and a confidentiality notice. The U.S. Census Bureau urges all citizens to be aware and to know the difference between who is on official census business and who is a con artist.

Census workers will not ask for any identifying information such as Social Security numbers or bank account information. They might ask for basic financial information such as salary ranges for members of the household, but will not
ask for bank account information or credit card information. So do not give any identifying information to anyone claiming to be from the census. Report these individuals immediately to local law enforcement.

The U.S. Census will not contact anyone by email. Never click on any link received via email pertaining to the census. Do not open any email attachments claiming to be from the U.S. Census. It can turn you into a victim of identity theft and fraud.

For more information concerning the Internal Revenue Service and the scams that are taking place, please visit www.irs.gov. For information concerning the U.S. Census, you may go to www.census.gov.

For more information on how you can keep yourself and your family safe from crime and fraud, please contact The Norfolk Sheriff's Office Community Affairs Division at 757-664-4979, or visit us on the web at www.norfolksheriffsoffice.com.

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Do you have their numbers?
Program into your cell phone the direct telephone number of the police and sheriff's departments of the cities you frequent. While 9-1-1 from your cell phone will work in an emergency, it depends on your location what agency will answer the call. Having the direct emergency number for the cities you travel in will help expedite emergency services!

---

President Yvette Brown called the general meeting to order at 7:00PM. The Invocation was offered by Keith Fentress. Pledge of Allegiance was led by Julius Simpson.

Following a motion and second, the minutes of the January 19, 2009 meeting were accepted as published in the CPAAAN News.

The Treasurer’s Report was given by Edith Warring. Edith then provided an overview of the organization’s financial commitments, stating that CPAAAN has a large number of fixed annual obligations, including $3,000 for academic scholarships and support of various projects such as the Law Enforcement Memorial, Officer of the Year award, and sponsoring a NPD bicycle rider to Washington. In addition, we have the normal operating expenses which include providing supplies and refreshments for our meetings. The Treasurer’s Report will be filed for audit.

Plans are in place for the March 2010 fundraiser. A delicious Barbeque Dinner will be held on Saturday, March 6 at 11:30AM at Stonebridge Manor, 5432 Tidewater Drive. Marceline Peet will prepare the food and oversee the project. CPAAAN members are invited to attend and support the activity, while enjoying a tasty meal.

Guest speaker was Sgt. A.D. McConnaghy of the Criminal Intelligence Unit, which is responsible for collecting, organizing, and analyzing credible information. This department deals with a variety of situations, including terrorism, organized crime, threats to officials and judges, dignitary protection, and as directed by the Chief of Police. It was a very informative talk and PowerPoint presentation, followed by a Question and Answer period.

Winner of the 50/50 raffle was Mary Babcock.

Following a motion and second, the meeting was adjourned at 8:30PM.

~ Margaret Anne Craig
Recording Secretary
Norfolk Crime Prevention Connection

The Norfolk Police Department now has a monthly publication called the *Norfolk Crime Prevention Connection*. Here are some samples of recent articles. To view the full 3-page newsletter, click on this link [http://www.crimepreventionconnection.com/guest/newsletter_archive/Norfolk%20Police%20Department/424](http://www.crimepreventionconnection.com/guest/newsletter_archive/Norfolk%20Police%20Department/424) (Ctl + click to follow the link).

Disasters Happen, Are You Prepared?

Prepare to take care of yourself. In a true disaster, emergency services are stretched very thin and residents must rely on their own supply of food and water. Securely store plenty of water (an average adult needs approximately 1 gallon of water per day) and food to sustain all family members for no less than three days for an evacuation event and up to a two week supply for disasters in which you will remain in your home.

Keep a battery operated radio and extra batteries so that if an emergency should occur that impacts the power supply, you can still hear instructions from emergency services through radio broadcasts.

The very best rule of thumb is to imagine a situation where you are not able to receive any food, water, or other supplies for several days; what would you need to survive and do you have it available? Don’t forget to also check your emergency supplies regularly to be sure they are still edible and able to be used.

For more ideas on disaster preparedness, visit the American Red Cross website at [www.redcross.org](http://www.redcross.org) or reach them by phone at 1-800-redcross.

Monthly 2DO List – Lock Check Time

Does every door in your home lock? How about your windows; does every window have a locking device and does it work? The unfortunate answer is that for many their door and window locks aren’t working like they should be and are only a visual deterrent and not a real security measure.

Take some time to do this month’s 2DO item and check each door. Make sure the locks work (every solid exterior door should have a deadbolt lock) and that, when locked, the door cannot be easily forced open. Check to make sure the strike plate (the receptacle for the dead bolt) is secure and the screws that hold it in place are long enough to go past the trim and all the way into the wall studs.

Check out the locks on your windows and sliding glass doors. Are the locks in working order and is each window/door locked when everyone leaves for the day? If you use semi-force to open the window, does the lock function and keep the window from opening? If not, it’s time to repair or replace the locks!

Your Survival Kit Should Include

- Blankets
- Flashlights and spare batteries
- Extra clothing
- Sanitation and personal hygiene items
- Cooking equipment
- Basic medical supplies
- Prescribed medications
- Baby supplies

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HOME SECURITY 101—SHRED IT!

Your garbage can tell a lot about you, such as what you eat, your recycling habits, what brands of detergent you prefer, your favorite dog food and, unfortunately, your most personal information.

The garbage and recycling containers aren’t the place for your old intact documents, statements, tax forms, and anything else that has your personal information. The reason is simple; there are thieves who look through garbage and recycling bins to find just that type of information. They use this information to, in essence, become you by accessing and acquiring credit in your name.

How do we stop them? Shredding it! No documents, envelopes, forms, receipts, statements, or other items containing your personal information should find their way into your garbage can until they are in a condition that they can’t be read or taped back together. Shred it all! A cross-cut security shredder is your best bet, as it does more than just cut long strips that can possibly be taped together; rather, it makes cuts in at least two different directions, making it nearly impossible to “recreate” the documents.

Turn on those shredders and get rid of those old files the safe way!

MONTHLY 2DO LIST—INVENTORY TIME

A burglary, a fire, someone with “sticky” fingers — what would happen if some of your most valued possessions were to simply disappear? If they were destroyed in a fire they are gone for good, but if taken from your home there always remains the chance that they will be found. Either way, a home inventory could lessen some of the pain of the loss.

If you are insured and your property is destroyed, it will assist in the process of filing a claim by adding some level of proof that there were certain items in your residence. If you are the unfortunate victim of a burglary, it will assist law enforcement in possibly recovering your property.

Take time today to conduct a home inventory of everything of value. Include in the inventory the brand, model, serial number, general description, where the item is stored, and how much it cost. An even better inventory includes taking photos of each of the items in your inventory. Store your list someplace other than inside your home. If you must leave your inventory paperwork in your home, place it in a fire-proof container and hide the container. Don’t forget to update the list as you add new items!

SHIP IT!

When traveling by plane, those wrapped packages could be targets of not only thieves, but of airport screeners. Not that they are at risk of being taken, but at risk of being opened. A wrapped package is subject to being unwrapped if a screener needs to verify its contents for safety reasons. Shipping the package will reduce the hassle and keep the unwrapping to the recipient.

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06 Susan Teachout
13 Sammy Bateman
14 Patty Lindsey
18 August Raber
18 Constance Rich
22 Jerry Kindred
23 Magalene McKelvey
29 Martha Raiss
30 Marion Bette Emmett
30 James King

If you have an addition or correction, please let us know so we can add your name and date to our list. Thank you.

Free Safety Print ID Cards
Sheriff Robert McCabe and the Norfolk Sheriff’s Office provide Safety Print child identification kits free of charge to help find lost or missing children.

The goal is to enhance safety awareness for our children and the mentally challenged.

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Frequently Asked Questions
Check out the answers to these questions and more at the www.norfolk.gov/police website:

CRIME PREVENTION
- How is Neighborhood Watch organized?
- We would like a speaker for our meeting. Who do we call?
- I hear that you have a service where officers will come to my home and tell me what I need to do to make it safer. How much does this cost?
- Do you have any tips for staying safe during the holidays?
- Our organization would like to have McGruff, the Crime Dog, as a special guest for children at an upcoming event. Will an officer be available on this date?

CENTRAL RECORDS
- How do I know if someone has a warrant?
- How do I report information to Crime line?
- Where is the Police Operations Center located?
- How do I get fingerprints, police reports, accident reports, and Criminal histories?
- How do I find out if a relative is in the Norfolk City Jail?
- Do I need to register or obtain a permit in order to purchase a gun?
- How do I get a concealed Weapons Permit?
- How do I evict someone from my house and can Norfolk Police assist?

You can now view the Newsletter on our Website (www.cpaaan.org) in its full color. Just click on the link in the left column.
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Keep Norfolk Beautiful ................................... 441-1347
Neighborhood Preservation Codes ............ 664-6500
Public Works ................................................. 664-4600
SPSA ................................................................. 548-2256
Storm Water Management ............................. 823-4000
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– 11 –
Citizens Police Academy Alumni Association, Norfolk (CPAAAN)  
MEMBERSHIP REGISTRATION FORM 2009–2010  
Please Print All Information

Name ______________________________________________________     DOB (mm/dd) ___________
Address ______________________________________________________________________________
Phone # _______________________________   E-Mail _______________________________________
Date Graduated __________________    New Member ____  Renewal ____  Date Paid ______________

Dues for the 2009–2010 Association year ($5.00 per person) are due in September. Dues can be paid in 
person at any Association meeting, or mailed to:
        Edith Warring, Treasurer CPAAAN
        300 Twilley Street, Norfolk VA 23503
Checks should be made payable to Citizens Police Academy Alumni Association of Norfolk (CPAAAN).
I am interested in the following committee(s):
  _____ Awards
  _____ Fund Raising
  _____ Membership
  _____ Newsletter
  _____ Publicity
  _____ Social Affairs
  _____ Web Site
  _____ Welfare / Sunshine

_The CPAAAN Year runs from July 1 to June 30. Dues are payable in September each year._
To become a member, you must be a Graduate of the Citizens Police Academy or have completed at least
six (6) weeks of the Spring or Fall course.

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**Important Numbers to Call**

Emergency—Fire, Police, EMS .................... 911
Non-Emergency Police ......................... 441-5610
Crime Prevention Unit .................... 664-6901
Graffiti Hotline .......................... 664-6510
Norfolk CARES Assistance ............. 664-6510

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